



2023 YOUTH IMPACT SURVEY

GEOGRAPHY DEEP DIVE



2023 Youth Impact Survey Deep Dive: GEOGRAPHY

This deep dive takes a closer look at how young people's experiences differ based on where they live (Kitchener, Waterloo, Cambridge, and Townships). It includes some questions from the 2023 Waterloo Region Youth Impact Survey (YIS) and covers various issues and dimensions of well-being. By focusing on geography, the report aims to show how factors such as neighborhood, city, or rural environment can impact youth well-being in our region.

WHY IS THIS DATA IMPORTANT?

The [Children and Youth Planning Table of Waterloo Region](#) organizes the Youth Impact Survey (YIS). We are a group of organizations and community members working together to improve child and youth well-being in Waterloo Region.

The YIS lets us hear directly from young people in our community about their own well-being. Youth aged 9 to 18 who took the survey shared how they are doing, how they spend their free time, what they think about school, and more. The YIS is based on the [Canadian Index of Child and Youth Well-being](#), a tool created by UNICEF Canada to understand how children and youth across the country are doing.

The CYPT's vision of “happy, healthy children and youth—today and tomorrow” includes all children and youth in our community. Our work focuses on belonging, equity, social inclusion, and anti-discrimination. To help with this, CYPT is breaking down, or disaggregating, the 2023 YIS data into different groups based on demographics and identities.

“Disaggregated” means to take something big (all the 2023 Youth Impact Survey responses) and look at it in smaller parts to understand it better. For this report, we’ve broken down the data to focus on geography.

When we break down the data like this, it helps us better understand the needs of each group of young people in our community. For example, instead of looking at all young people aged 9 to 18 that responded to the survey, we might focus on just the experiences of 9 to 11-year-olds. This helps us see important trends or patterns that we might miss if we only looked at the total number of responses.

The ultimate goal of the YIS Snapshots and Deep Dives is to empower community members with information that focuses on equity and considers the different needs and interests of diverse groups of young people. We encourage people in our community to use these findings to advocate for positive change in the community and to make informed decisions that promote equity and well-being for all youth in the region.

METHODOLOGY & CONSIDERATIONS

The information in this deep dive is based on 1,867 responses from young people who completed the 2023 Youth Impact Survey in May to June 2023. The survey was open to all young people between the ages of 9 and 18 in Waterloo Region and we used many different ways to reach out. We emailed young people who completed the Youth Impact Survey in previous years, organizations across the community

shared it with young people that they were connected with, and schools promoted it to students. We also went where young people were, like at after-school programs or the mall, and promoted it on social media and the radio.

While we received nearly 2,000 responses to the survey and reached out to youth in a wide variety of ways, it's important to note that we used non-random data collection techniques. These survey results are a starting point to better understand the diverse needs of young people in our community.

This research was done with the [University of Waterloo FamilyPsychle Lab](#). It was reviewed and received ethics clearance through the University of Waterloo Office of Research Ethics (Ethics #45117).

The data points in this deep dive are based on discussions among young and adult CYPT members. We focused on information that speaks to current discussions in our community and which reveal critical differences between various groups in our survey. While we analyze the data by the city or township respondents live in, it's essential to remember that factors such as age, gender, or race also influence the findings.

Due to smaller sample sizes when disaggregating by subpopulations such as in the Townships, we added a column for all four Townships grouped together (North Dumfries, Wellesley, Wilmot, and Woolwich). Percentages in red are based on a smaller number of individual respondents (less than 25). Please interpret these percentages with caution.

Please note that this is just a selection of what was asked in the 2023 survey. If you want more details or other disaggregated data, please get in touch with a member of the [CYPT Backbone Team](#).

TAKING ACTION

Sharing this data is the first step in making a positive impact on our community. We hope that people in our community use this data to make a difference and address inequities. We also hope you will:

- **Spread awareness:** Share the Youth Impact Survey Briefs and Snapshots and Deep Dives to let more people know about what young people are saying in our community.
- **Help specific groups:** Take action to meet the needs of specific groups in our community by involving young people in a meaningful and equity-focused way.
- **Use the data for decisions:** Think about how disaggregated data can help organizations to make better decisions.
- **Encourage safe sharing:** Make sure everyone in our community can share their personal experiences in a safe and comfortable way.

At the CYPT, we'll keep working with the community to get accurate local information that tells us how children and youth are doing. This includes future versions of the Youth Impact Survey, available to everyone in our community, with a focus on getting a more diverse range of responses. We'll also think about different ways to gather information, and when possible, we'll disaggregate the data to respect and recognize how different experiences and identities affect a young person's well-being.

SUGGESTED CITATION:

CYPT. (2024). *2023 Youth Impact Survey Deep Dive: Geography*. Children and Youth Planning Table of Waterloo Region. Waterloo, ON.

2023 YIS GEOGRAPHIC BREAKDOWN

Percentages in red below are based on smaller number of respondents and should be interpreted with caution. For percentages based on fewer than five individuals, the data was not reported in order to protect participants' privacy.

Survey Question	Response	ALL RESPONDENTS	Cambridge	Kitchener	Waterloo	Townships	N.Dumfries	Wellesley	Wilmot	Woolwich	Notes
Number of survey respondents		1,867	297	928	97	145	33	34	30	48	
Sense of belonging											
How would you describe your sense of belonging to the community?	Strong sense of belonging	71%	69%	74%	67%	64%	65%	71%	70%	56%	Both "Very strong" & "Somewhat strong"
I often feel left out of things	Agree	22%	24%	20%	25%	24%	29%	21%	17%	29%	Both "Strongly agree" & "Agree"
I feel isolated from others in the community	Agree	21%	21%	18%	24%	23%	23%	15%	23%	29%	Both "Strongly agree" & "Agree"
I often feel lonely	Agree	27%	30%	25%	31%	24%	30%	15%	30%	22%	Both "Strongly agree" & "Agree"
There are people in my life who can help me when I need it	Agree	85%	84%	84%	86%	86%	75%	85%	93%	89%	Both "Strongly agree" & "Agree"
There are people in my life who make me feel safe	Agree	90%	87%	90%	91%	90%	86%	91%	93%	89%	Both "Strongly agree" & "Agree"
People notice the things I'm good at	Agree	76%	74%	76%	76%	83%	66%	85%	93%	87%	Both "Strongly agree" & "Agree"
I feel like a part of a group of people who are like me.	Agree	69%	65%	72%	67%	65%	61%	59%	72%	69%	Both "Strongly agree" & "Agree"
There is someone in my life that is important to me.	Agree	92%	91%	92%	92%	91%	89%	94%	90%	91%	Both "Strongly agree" & "Agree"
I feel like I am a valued member of my community	Agree	51%	49%	52%	50%	50%	34%	65%	60%	42%	Both "Strongly agree" & "Agree"
Your life at home											
My family really tries to help me	Agree	82%	79%	84%	81%	82%	79%	76%	90%	82%	Both "Strongly agree" & "Agree"
I get the emotional help and support I need from my family	Agree	72%	66%	73%	71%	79%	79%	76%	87%	76%	Both "Strongly agree" & "Agree"
I can talk about my problems with my family	Agree	64%	60%	64%	63%	71%	64%	74%	80%	67%	Both "Strongly agree" & "Agree"
My family is willing to help me make decisions	Agree	85%	82%	85%	86%	88%	86%	82%	93%	91%	Both "Strongly agree" & "Agree"
When I speak, someone in my family listens to me	Agree	76%	70%	76%	77%	81%	70%	73%	93%	86%	Both "Strongly agree" & "Agree"
I feel free to express myself with my family	Agree	71%	66%	72%	72%	75%	67%	82%	86%	67%	Both "Strongly agree" & "Agree"
How well off do you think your family is (that is, has enough money)?	Below average	14%	22%	13%	11%	9%	**	**	**	**	Both "Not at all well off" & "Not very well off"

Survey Question	Response	ALL RESPONDENTS	Cambridge	Kitchener	Waterloo	Townships	N.Dumfries	Wellesley	Wilmot	Woolwich	Notes
Have you ever been homeless? [derived variable]	Any homeless experience (Obvious or hidden homelessness)	13%	14%	15%	11%	7%	**	**	**	**	Yes to either or Both questions "Have you ever been homeless; that is, had to live in a shelter, on the street, or in an abandoned building?" AND/OR "Have you ever had to temporarily live with relatives or friends, in your car, or anywhere else because you had nowhere else to live?"
Some young people go to school or to bed hungry because there is not enough food at home. How often does this happen to you?	Hungry at least sometimes	15%	18%	16%	13%	10%	**	**	**	14%	either "Sometimes", "Often" or "Always"
I could not afford to pay for transportation to get to where I needed to go [in the past year]	At least once every 3 months	9%	13%	10%	6%	**	**	**	**	**	Both "At least once every 3 months" & "At least once a month"
I could not afford to pay for the activities I like to do in my free time [in the past year]	At least once every 3 months	13%	16%	14%	11%	5%	**	**	**	**	Both "At least once every 3 months" & "At least once a month"
I did not have enough money to buy the things I wanted [in the past year]	At least once every 3 months	26%	35%	25%	24%	26%	22%	21%	18%	39%	Both "At least once every 3 months" & "At least once a month"
I did not have enough money to buy the things I needed [in the past year]	At least once every 3 months	9%	12%	10%	7%	5%	**	**	**	11%	Both "At least once every 3 months" & "At least once a month"
We are happy and respected											
My friends really try to help me	Agree	74%	73%	75%	76%	69%	52%	79%	70%	71%	Both "Strongly agree" & "Agree"
I can count on my friends when things go wrong	Agree	68%	65%	68%	71%	64%	55%	74%	57%	69%	Both "Strongly agree" & "Agree"
I have friends with whom I can share my joys and sorrows	Agree	68%	66%	67%	71%	67%	60%	68%	63%	73%	Both "Strongly agree" & "Agree"
I can talk about my problems with my friends	Agree	66%	63%	65%	70%	65%	62%	71%	63%	64%	Both "Strongly agree" & "Agree"
I feel free to express myself with my friends	Agree	71%	66%	71%	73%	73%	63%	73%	82%	74%	Both "Strongly agree" & "Agree"
Your life as a student											
I feel that my teachers accept me as I am	Agree	74%	70%	76%	73%	72%	79%	76%	77%	62%	Both "Strongly agree" & "Agree"
I feel a lot of trust in my teachers	Agree	52%	50%	54%	49%	56%	62%	62%	53%	49%	Both "Strongly agree" & "Agree"
When I need extra help, I can get it [from teachers]	Agree	76%	73%	76%	75%	80%	76%	82%	77%	82%	Both "Strongly agree" & "Agree"
I am encouraged to express my own views in my class(es) [from teachers]	Agree	67%	65%	66%	70%	68%	72%	76%	73%	56%	Both "Strongly agree" & "Agree"
Our teachers treat us fairly	Agree	61%	54%	62%	65%	62%	72%	70%	53%	56%	Both "Strongly agree" & "Agree"
How do you feel about school right now?	I like school	68%	59%	69%	69%	71%	56%	82%	73%	70%	Both "I like it a bit" & "I like it a lot"

Survey Question	Response	ALL RESPONDENTS	Cambridge	Kitchener	Waterloo	Townships	N.Dumfries	Wellesley	Wilmot	Woolwich	Notes
I have more schoolwork than I can handle	Agree	31%	33%	29%	36%	26%	31%	24%	27%	25%	Both "Strongly agree" & "Agree"
Expressing yourself and how you manage your life											
How often did you feel good at managing the responsibilities of your daily life?	At least almost every day	43%	40%	44%	40%	47%	48%	53%	50%	40%	Both "Almost every day" & "Every day"
I am usually included in decisions about my life	Agree	84%	79%	85%	84%	85%	78%	91%	96%	76%	Both "Strongly agree" & "Agree"
Have you participated in any civic participation activities in the past 12 months? [derived variable]	Any civic participation										Yes to any of: "I participated in a public demonstration or protest" OR "I wrote a message to, or spoke with, a municipal official (e.g., the Mayor) about a local issue" OR "I wrote to the editor of the newspaper about a local issue" OR "I joined a discussion online about a local issue" OR "I participated in a local event in support of a charitable organization or cause"
I participated in a public demonstration or protest [in the past 12 months]	Yes	13%	18%	12%	12%	8%	**	**	**	**	
I participated in a local event in support of a charitable organization or cause [in the past 12 months]	Yes	40%	40%	38%	42%	49%	52%	64%	46%	38%	
Your activities											
[Hours spent in typical day] using a computer	3+ hours	52%	52%	49%	60%	51%	39%	53%	44%	62%	
[Hours spent in typical day] using a cell phone	3+ hours	60%	66%	60%	57%	53%	50%	58%	41%	60%	
[Hours spent in typical day] playing video games	3+ hours	21%	28%	22%	17%	11%	21%	**	**	**	
[Hours spent in typical day] watching TV	3+ hours	18%	17%	20%	17%	13%	**	16%	**	13%	
In a typical week how many hours do you normally work at a paid job? [derived variable]	15+ hours	26%	28%	22%	32%	21%	**	**	**	**	This is only among respondents that had a job and indicated non-zero hours
On a typical day, how much time do you usually spend doing physical activity (such as walking, running, biking, playing, or exercising)?	3+ hours	34%	36%	36%	30%	32%	29%	45%	30%	25%	
On a typical night, how many hours of sleep do you normally get?	7+ hours	74%	67%	73%	78%	82%	81%	85%	85%	78%	

Survey Question	Response	ALL RESPONDENTS	Cambridge	Kitchener	Waterloo	Townships	N.Dumfries	Wellesley	Wilmot	Woolwich	Notes
In a typical week, how much time do you usually spend doing activities outdoors that are not part of a gym class or organized sports, such as active games with friends at recess, pick-up basketball, biking, or skateboarding?	At least 3 hours a week	51%	47%	53%	50%	53%	52%	58%	64%	41%	Both "About 3 hours a week" & "About 4 or more hours a week"
In a typical week, how much time do you normally spend helping out at home (such as making meals, chores, or taking care of family members)?	At least 3 hours a week	40%	41%	44%	37%	32%	22%	36%	29%	37%	Both "About 3 hours a week" & "About 4 or more hours a week"
On a typical day, how much time do you usually spend doing activities on your own, such as playing, reading, writing, or listening to music (but not homework or chores)?	At least 3 hours a day	70%	73%	67%	72%	71%	74%	64%	71%	73%	Both "About 3 hours a day" & "About 4 or more hours a day"
[Sometimes people cannot participate in recreational activities because...] - I do not have enough time to participate	Agree	23%	26%	21%	24%	23%	22%	24%	25%	22%	Both "Strongly agree" & "Agree"
[Sometimes people cannot participate in recreational activities because...] - I do not have the money to participate	Agree	18%	25%	18%	15%	15%	19%	15%	**	12%	Both "Strongly agree" & "Agree"
[Sometimes people cannot participate in recreational activities because...] - I do not have anyone to participate with	Agree	31%	40%	28%	33%	25%	30%	15%	21%	32%	Both "Strongly agree" & "Agree"
[Sometimes people cannot participate in recreational activities because...] - There is not a recreation centre nearby that I can get to	Agree	19%	23%	20%	14%	18%	26%	24%	**	**	Both "Strongly agree" & "Agree"
[Sometimes people cannot participate in recreational activities because...] - There is not a park nearby that I can get to	Agree	9%	11%	9%	9%	9%	**	**	**	**	Both "Strongly agree" & "Agree"
There are recreation and culture facilities that are easy for me to get to	Agree	56%	50%	52%	63%	69%	58%	65%	83%	69%	Both "Strongly agree" & "Agree"
The quality of the recreation and culture facilities in my community is very high	Agree	49%	39%	47%	55%	55%	54%	55%	71%	44%	Both "Strongly agree" & "Agree"
Your safety											
In general, how safe do you feel from crime in your neighbourhood?	Safe	85%	79%	84%	89%	94%	93%	82%	100%	100%	Both "Very safe" & "Somewhat safe"

Survey Question	Response	ALL RESPONDENTS	Cambridge	Kitchener	Waterloo	Townships	N.Dumfries	Wellesley	Wilmot	Woolwich	Notes
How often have you been bullied in the past couple of months in the ways listed? [derived variable]	Any bullying experience	62%	63%	61%	61%	71%	81%	73%	81%	59%	At least once/twice or more often to any of: "I was called mean names, was made fun of, or teased in a hurtful way" OR "Others left me out of things on purpose, excluded me from their group of friends, or completely ignored me" OR "I was hit, kicked, pushed, shoved around, or locked indoors" OR "Others told lies or spread false rumours about me and tried to make others dislike me" OR "Others made sexual jokes, comments, or gestures to me"
How often have you been bullied in the past couple of months in the ways listed? [derived variable]	Any bullying experience at least once per week	31%	33%	30%	32%	32%	33%	38%	24%	33%	Any bullying experience to one of the above questions with the frequency of either "About once a week" OR "Several times a week"
I was called mean names, was made fun of or teased in a hurtful way [How often have you been bullied in the past couple of months...?]	At least once per week	13%	15%	11%	12%	19%	19%	21%	**	20%	Both "About once a week" OR "Several times a week"
Others left me out of things on purpose, excluded me from their group of friends, completely ignored me [How often have you been bullied in the past couple of months...?]	At least once per week	13%	17%	11%	12%	16%	19%	24%	**	15%	Both "About once a week" OR "Several times a week"
Others made sexual jokes, comments, or gestures to me [How often have you been bullied in the past couple of months...?]	At least once per week	9%	12%	8%	10%	8%	**	**	**	15%	Both "About once a week" OR "Several times a week"
Have you experienced discrimination/treated unfairly by others because of...	Your sex	48%	60%	44%	47%	44%	58%	36%	50%	39%	Any experience of discrimination in one of the ways mentioned below
	Your gender identity	18%	24%	16%	19%	15%	**	16%	**	18%	
	Your ethnicity or culture	12%	19%	10%	12%	12%	**	16%	**	15%	
	Your race or colour	17%	22%	16%	20%	8%	**	**	**	13%	
	Your physical appearance	18%	21%	18%	16%	10%	**	**	**	13%	
	Your religion	29%	38%	26%	28%	31%	42%	27%	40%	22%	
	Your sexual orientation	12%	22%	12%	10%	6%	**	**	**	**	
	Your age	12%	16%	9%	14%	12%	**	**	**	21%	

Survey Question	Response	ALL RESPONDENTS	Cambridge	Kitchener	Waterloo	Townships	N.Dumfries	Wellesley	Wilmot	Woolwich	Notes
	Your language	14%	22%	12%	12%	15%	**	15%	19%	13%	
	A disability you have	8%	9%	9%	7%	6%	**	**	**	**	
A disability you have [Have you experienced discrimination/treated unfairly by others because of...]	Yes	12%	19%	8%	12%	15%	**	**	**	20%	
I feel comfortable reaching out to the police for help	Agree	45%	43%	45%	44%	50%	57%	62%	47%	37%	Both "Strongly agree" & "Agree"
I think the police are very approachable	Agree	44%	41%	44%	42%	56%	67%	60%	58%	45%	Both "Strongly agree" & "Agree"
I believe the police treat young people like me very fairly	Agree	47%	45%	48%	45%	60%	62%	61%	71%	51%	Both "Strongly agree" & "Agree"
I think the courts are very fair	Agree	29%	26%	29%	28%	40%	50%	45%	39%	32%	Both "Strongly agree" & "Agree"
Your health											
How satisfied are you with your life in general?	At least moderately satisfied	78%	76%	77%	77%	86%	76%	86%	90%	89%	Rated 6-10 on a scale from 0 (Very Dissatisfied) to 10 (Very Satisfied)
In general, would you say your physical health is ...?	Positive	76%	72%	76%	77%	78%	80%	82%	80%	71%	Both "Good" & "Excellent"
In general, would you say your mental health is ...?	Positive	55%	48%	58%	54%	56%	44%	64%	56%	58%	Both "Good" & "Excellent"
[How often in the last 6 months you...] Felt low (depressed)	More than once a week	23%	26%	22%	25%	21%	24%	**	20%	29%	Both "More than once a week" & "About every day"
[How often in the last 6 months you...] Felt anxious	More than once a week	33%	41%	29%	35%	36%	40%	36%	28%	39%	Both "More than once a week" & "About every day"
During the past 12 months, did you ever feel so sad or hopeless, for two weeks in a row or more, that you stopped doing some of your usual activities?	Yes	38%	41%	36%	38%	38%	50%	37%	25%	39%	
Do you have a regular health care provider (like a doctor or nurse) that you see or talk to when you need health care?	Yes	72%	74%	68%	74%	83%	80%	88%	84%	79%	
Have you visited a dentist for a check-up in the past 12 months?	Yes	81%	79%	77%	86%	89%	88%	91%	100%	82%	
Do you have a diagnosed disorder? [derived variable]	Any diagnosed disorder	21%	28%	19%	21%	18%	**	25%	**	15%	Both yes to diagnosed mood disorder (e.g., depression, bipolar disorder, mania) OR diagnosed anxiety disorder (e.g., a phobia, obsessive-compulsive disorder, panic disorder)
Do you have a diagnosed mood disorder (e.g., depression, bipolar disorder, mania)?	Yes	11%	16%	10%	12%	7%	**	**	**	**	

Survey Question	Response	ALL RESPONDENTS	Cambridge	Kitchener	Waterloo	Townships	N.Dumfries	Wellesley	Wilmot	Woolwich	Notes
Do you have a diagnosed anxiety disorder (e.g., a phobia, obsessive-compulsive disorder, panic disorder)?	Yes	16%	23%	14%	17%	16%	**	21%	**	13%	
In general, how would you rate the overall quality of these health services in your community? - Health care services (e.g., family doctor, hospital, clinics, dentist)	Positive quality	73%	67%	75%	74%	69%	64%	73%	80%	61%	Both "Good" & "Excellent"
In general, how would you rate the overall quality of these health services in your community? - Mental health services (e.g., counseling)	Positive quality	41%	41%	45%	37%	33%	28%	30%	48%	29%	Both "Good" & "Excellent"
In general rating your access (easy to get to or use) to these health services in your community? - Health care services (e.g., family doctor, hospital, clinics, dentist)	Positive access	72%	67%	73%	75%	69%	76%	73%	80%	53%	Both "Good" & "Excellent"
In general rating your access (easy to get to or use) to these health services in your community? - Mental health services (e.g., counseling)	Positive access	45%	35%	49%	45%	40%	32%	39%	48%	39%	Both "Good" & "Excellent"
Your connection to the environment											
How important is it for you to care for the natural world?	Important	79%	78%	76%	83%	85%	76%	97%	88%	79%	Both "Somewhat important" & "Very important"
The quality of the natural environment in my neighbourhood is very high	Agree	60%	51%	57%	67%	75%	71%	84%	75%	69%	Both "Strongly agree" & "Agree"
There are plenty of opportunities to enjoy nature in my neighbourhood	Agree	71%	64%	69%	79%	75%	63%	87%	71%	75%	Both "Strongly agree" & "Agree"
The air quality in my community is very good	Agree	72%	66%	72%	74%	78%	68%	74%	92%	78%	Both "Strongly agree" & "Agree"
The water quality in my community is very good	Agree	79%	72%	80%	81%	82%	92%	90%	88%	64%	Both "Strongly agree" & "Agree"

Survey Question	Response	ALL RESPONDENTS	Cambridge	Kitchener	Waterloo	Townships	N.Dumfries	Wellesley	Wilmot	Woolwich	Notes
How much do you feel you belong to: Your city (Kitchener, Waterloo, Cambridge, North Dumfries, Wellesley, Wilmot & Woolwich)?	Increased belonging (as shown in diagrams 4, 5 or 6)	46%	38%	49%	45%	45%	45%	50%	48%	38%	The survey question showed diagrams of two circles ("me" and "group") of varying degrees of closeness & overlap. The diagrams show a progression from diagram #1 where the person circle is far from the group circle, to diagram #6 where the person circle is completely in the centre of the group circle. Diagram #4 shows some overlap, diagram #5 shows the person partially within the circle, and diagram #6 shows the person in the centre of the group.
How much do you feel you belong to: Your local neighborhood	Increased belonging (as shown in diagrams 4, 5 or 6)	47%	44%	49%	47%	44%	34%	61%	54%	31%	See description of the belonging circles above.

** The data was not reported for some cells above due to very small sample sizes, in order to protect participants' privacy.

Text in red indicates somewhat smaller sample sizes and should be interpreted with caution.

SURVEY PARTICIPANT PROFILE

The percentages below give a profile of the children and youth that participated in the survey. It is not meant as a description of the general population in each community. Percentages in red are based on smaller number of respondents and should be interpreted with caution. For percentages based on fewer than five individuals, the data was not reported in order to protect participants' privacy.

Survey Question	Response	ALL RESPONDENTS	Cambridge	Kitchener	Waterloo	Townships	N.Dumfries	Wellesley	Wilmot	Woolwich	Notes
How old are you?	9-12 years	30%	27%	33%	24%	36%	52%	38%	50%	15%	
	13-15 years	35%	34%	34%	38%	30%	24%	29%	23%	40%	
	16-18 years	35%	39%	33%	38%	34%	24%	32%	27%	46%	
What grade are you in?	Grade 3-6	23%	19%	26%	19%	34%	48%	38%	43%	15%	
	Grade 7-8	22%	21%	26%	18%	12%	**	21%	**	**	
	Grade 9-12	52%	59%	46%	60%	53%	42%	41%	40%	77%	
Where were you born?	Born outside of Canada	25%	14%	33%	23%	7%	**	**	**	**	
Racialized - racial background [derived variable] "In our society, people often describe themselves by their ethnic or racial background. For example, some people consider themselves "White" or "Black" or "East Asian," and so on. How do you describe yourself? (Please check all that apply to you)"	Racialized (i.e.any racial identity other than White)	54%	46%	65%	48%	20%	21%	**	21%	26%	
Do you have a long-term physical or mental condition that limits your ability to fully participate in your community, at school, at work, or in some other activities?	Yes	17%	22%	16%	17%	17%	24%	**	**	24%	physical/mental condition that limits
Which one of the following best describes the main household where you currently live?	Household makeup other than 2-parent/guardians	25%	28%	26%	24%	19%	**	**	**	34%	Any response of "One parent/guardian", "Grandparent(s) or other relative (but not your parents)", "Parents/guardian(s) with other non-related adults sharing the household", "Extended family (e.g., your parents, grandparents, aunts, and/or uncles)", "I am living alone or sharing the household with partner/friends" OR "Other (please specify)"

** The data was not reported for some cells above due to very small sample sizes, in order to protect participants' privacy.

Text in red indicates somewhat smaller sample sizes and should be interpreted with caution.