

Measurement 4 Change 101 – Worksheet for Session 2

This worksheet accompanies the second Session of the Measurement 4 Change 101 training. Please make sure you have your completed Session 1 worksheet handy.

Step 3: What data do you (or could you) collect at your organization? Categorize it into needs, plan, action and impact based on relevance.

| Needs (Data showing the existence of a problem) | Plans (Data informing what actions would be helpful) |
|--|--|
| | |
| Actions (Data showing what actions we are doing and how much of those actions) | Impact (Data showing how effective your actions were at accomplishing your goal) |
| | |

Step 5: Consider the different designs available to you. What is the best comparison group you can use in your program? Use the space below to write in a comparison plan. (Use the Table Below to help you remember your design options.)

| Describe your measurement design | What do you need to watch out for? |
|---|--|
| Compare your participants to others (In the community, in a similar program or in your program) | Individual differences could cause your effect (e.g. only those with high anxiety choose to do counselling) |
| Compare program participants to themselves (before and after your actions) | Other things happening at the same time as your program could cause your effect (e.g. providing stable housing reduces anxiety, not counselling) |
| Both of the above | Better, but still impacted by both of the above problems (e.g. those with low anxiety don't do counselling, but their scores can't drop because they are already low). |

Use this table to write down potential comparison groups for your program. This table uses a "both" design, so you might fill in only part of the table or not use it at all.

| | Comparison Group (E.g.: Before Program) | Test Group (E.g.: After program) |
|---|--|-------------------------------------|
| Comparison Group (e.g: Group not in program) | | |
| Test Group (e.g: Group in program) | | |

Notes: