



Children and Youth Planning Table Continuous Professional Learning Committee CPLC Meeting Minutes

Location: Virtual
Date: Friday, April 8th 2022
Time: 2:00-3:00PM

CPLC Members in Attendance: Debbie Jones, Pamela Fehr, Susan Schnarr, Silviu Kondan (SPA), Lesley Barraball (Co-Chair), Corie Schweertman (Co-Chair),

Agenda

AGENDA ITEM	Notes
Welcome & Introductions:	<p>Co-Chairs, Lesley and Corie, welcomed members of the CPLC. Recognizing that it was difficult to organize a meeting that worked around members' schedules, the group recorded the meeting (please contact the CYPT Backbone Team for access to the recording).</p> <p>The group proceeded to discuss major updates since they last convened in December of 2021. Members appreciated having the time to regroup after the more recent COVID-19 Omicron wave, but were happy to reconvene.</p>
White Supremacy Awareness and Action for Leaders Workshop	<p>Corie led the group through an exercise to assess the upcoming training on <i>White Supremacy Awareness and Action for Leaders</i> based on the CPLC criteria for endorsement (i.e., Shared Foundations for Practice and priority training needs areas across the CYPT membership).</p> <p>The workshops are being organized by the CYPT, Immigration Partnership and Wellbeing Waterloo. The purpose of the workshops is to support leaders across Waterloo Region in examining the impacts of White Supremacy on a historical, systemic, structural and personal level(s).</p> <p>The group noted that the training 'checked off' a number of key CYPT priority areas, these included:</p> <ul style="list-style-type: none">• Respects and engage diverse models of community• Uses decolonizing and anti-oppressive approaches• Recognizes power and privilege inherent in service delivery• Recognizes the impact of the Social Determinants of Health• Strives to understand our personal and professional biases• Uses self-reflection to improve practice

CPLC Involvement Discussion**Promotions:**

The group noted, that if needed, they can leverage their networks to share the opportunity widely with the community. For example, they could promote it through the Lead Agency Advisory Committee or through the Professional Resource Centre at Conestoga College.

The group noted that there was strong alignment between the designed outcomes of the workshops and broader work across the system focused on equity and anti-racism. The development of the Community Framework for Early Supports for Child and Youth Mental Health and Well-Being, is one example. Based on the CPLC's ongoing focus on trauma informed principles, the workshops also have clear alignment to the Committee's longer-term activities.

CPLC's potential role:

The group discussed the potential for CPLC to support mechanisms for continuous learnings with this opportunity. The group agreed that the subject was very relevant across the system and that there was strong coherence with other initiatives. However, the group also recognized that absorbing the material required an ongoing process of deconstructing biases and self-reflection.

Recognizing that many of the Committee members were absent from the meeting, the group agreed that there would be a follow up email to assess interest. To begin planning for possible ways that the CPLC could support this initiative, the group focused on i) ways to assess learning outcomes and ongoing training needs and ii) mechanisms to support acquired learning through peer-to-peer discussions.

One idea was to develop a short 'touch point' questionnaire (2-3 questions) to assess key areas of learning and future needs. This would be shared with the attendees as a post-workshop survey or they can provide direct input verbally right after the scheduled workshops. The CPLC could facilitate and lead this process, organizing a short amount of time (15-30min) after the workshops to have a peer-to-peer debrief. The group thought that it was optimal to give participants the opportunity to work through their thoughts. This would also allow people to respond to questions about future learning needs in this area of work.

The group also considered leading an informal engagement process after the workshops to see how people are digesting the trainings and if the trainings have led to changes in day-to-day outcomes. The group brainstormed an informal peer-to-peer Community of Practice that discusses online, over a platform like Teams or WhatsApp on an ongoing basis. The group discussed how a hybrid or asynchronous model may be optimal as individuals process learnings differently and since many members of the community continue to experience time and energy constraints.

Action:

	<ul style="list-style-type: none"> ➤ The Co-Chairs and Silviu will follow up with an email assessing the broader CPLC's interest and availability to support with the brainstormed ideas mentioned above. ➤ Silviu will discuss with Alison (CYPT Manager) to see if the ideas work within existing methodologies used by the facilitator or Immigration Partnership and Wellbeing Waterloo Region. ➤ If there is interest and timelines are feasible, CPLC members will begin coordinating the above mentioned activities with supports from the Co-Chairs and Silviu.
<p>Trauma Informed Approaches: Reground our work and next steps</p>	<p>The Co-Chairs informed the group that they will begin scheduling the next CPLC meeting shortly. This meeting will be focused on the group's ongoing learnings on trauma informed approaches and principles, facilitated by Dr. Barbara Ward.</p> <p>Action:</p> <ul style="list-style-type: none"> ➤ The Co-Chairs will follow up with the CPLC to schedule the next meeting based on availability.