



# Children and Youth Planning Table Minutes for November 18, 2020 Annual Form

**THEME: Belonging & Hope**

Virtual; 8:30am to 5:00pm

## RELATIONSHIPS, BELONGING, AND RESILIENCY THROUGH THE PANDEMIC

### Speakers:

[Kimberly Jewers-Dailley](#) (Ph.D Student, Community Psychology at Wilfrid Laurier University)

[Dr. Dillon Browne](#) (Clinical Psychology at University of Waterloo).

### Session Description:

Research insights from Ph. D student Kimberly Jewers-Dailley and Dr. Dillon Browne on the socio-emotional health of children, parents and families through the pandemic. Research paired with suggestions for impactful action.

### Key Resources:

Kimberly Jewers-Dailley email: [jewe7310@mylaurier.ca](mailto:jewe7310@mylaurier.ca)

Dr. Dillon Browne email: [dillon.browne@uwaterloo.ca](mailto:dillon.browne@uwaterloo.ca)

Please click [here](#) to view the presentation PowerPoint slides.

### Recording Link:

Please click [here](#) to view the recording of this session.



## **ANTI-RACISM 101—BEGINNING THE JOURNEY**

**Speaker:**

[Evelyn Amponsah](#)

### **Session Description:**

Join partners from the Immigration Partnership, and facilitator Evelyn Amponsah, as we collectively deepen our anti-racism knowledge and consider meaningful collective action. By the end of this session attendees will be able to define anti-racism/racism, including understanding how to recognize it, and its different formations. They will also have an understanding of the history of racism in Canada through the use of Canadian and local examples while also learning about the systemic and interpersonal manifestations of racism. We will discuss stereotyping as it relates to racism. We will unpack biases we may knowingly or unknowingly have, micro-aggressions, including the not so “innocent” innocent things we say and work toward recognizing subconscious and conscious formations of racism.

### **Key Resources:**

The below resources were shared by attendees via the chat:

- Last Steps to Freedom, The Evolution of Canadian Racism by John Boyko
- "The Secret Life of Canada" podcast, hosted by CBC.ca

To view the presentation PowerPoint slides, please reference the session recording below.

### **Recording Link:**

Please click [here](#) to view the recording of this session.



# **WORK WELL—HOW TO SUPPORT THE WORKFORCE THROUGH THE PANDEMIC**

## **Speakers:**

Dave Whiteside and Jim Moss from the WorkWell team at the YMCA of Three Rivers

## **Session Description:**

Healthy workplaces are an integral component of a healthy community, and data collected through the pandemic indicates that some in the workforce are struggling. Join Dave Whiteside and Jim Moss from the WorkWell team at the YMCA of Three Rivers in this workshop to explore what the data is revealing specific to sectors engaged in CYPT, and to those who are parents, and meaningful actions that can be taken.

## **Key Resources:**

No additional resources were shared.

To view the presentation PowerPoint slides, please reference the session recording below.

## **Recording Link:**

Please click [here](#) to view the recording of this session.



# "THEY ARE ALL OUR CHILDREN AND FAMILIES" - THE SHARED PHILOSOPHY OF SUPPORTING CHILDREN, YOUTH, AND FAMILIES IN WATERLOO REGION

## Speakers:

[Jennifer Hesson](#)

## Session Description:

What does it mean to collectively mobilize as one system for children and youth in Waterloo region? What is the philosophy of 'no wrong door'? And how does Family Compass help you serve children, youth and families in a wholistic way? Join Jennifer Hesson as she presents a new webinar resource for all of us working to support children, youth and families as one system.

## Key Resources:

No additional resources were shared.

Please click [here](#) to view the presentation PowerPoint slides.

## Recording Link:

Please click [here](#) to view the recording of this session.



# MEANINGFUL YOUTH ENGAGEMENT AND ADULT ALLYSHIP —FROM PROGRAM TO SYSTEM-LEVEL ACTIONS

## Speakers:

**Host:** Neha Lalany

## Panelists:

- Sharif Mahdy (Student's Commission of Canada)
- Kwaku Agyemang (Student's Commission of Canada)
- Ilona Doughety (Youth Innovation Project)
- Michael Parkinson (Crime Prevention Council)
- Joana Lincho (Children and Youth Planning Table)

## Session Description:

Join representatives from the Student's Commission of Canada as well as local representatives from the Youth and Innovation Project at University of Waterloo, backbone staff from the Waterloo Region Crime Prevention Council and the CYPT, as they share insights on what it takes to move from meaningful program-level youth engagement to system-level actions. Panel hosted by a local young person engaged in system-level work.

## Key Resources:

No additional resources were shared.

## Recording Link:

Please click [here](#) to view the recording of this session.



## #KIDSTAKEOVER

### Speakers:

**Moderator:** Joana Lincho (Children and Youth Planning Table)

### Youth:

- Dauood Ali
- Julnar Aizouki
- Mobina Faez
- Neelab Karimi

### Session Description:

Join a group of young people, some fresh off their experiences working together with CYPT members at the Child Friendly Cities Summit, and youTHINK, as they takeover the mic and let us know what matters to them. An opportunity to ask questions of our younger citizens and hear their thoughts on needs that are important now, and as we plan for the future.

### Key Resources:

No additional resources were shared.

### Recording Link:

Please click [here](#) to view the recording of this session.