



BRAIN STORY Resources

The Webinar Series - Part 3:

Lessons in resilience during times of stress



Alberta Family Wellness Initiative

Resources: <https://www.albertafamilywellness.org/resources>

Toolkit: <https://www.albertafamilywellness.org/brain-story-toolkit>

Case Story: <https://www.albertafamilywellness.org/resources/video/nitsitapii-reziliency>

Certification: <https://www.albertafamilywellness.org/training>



ACEs Coalition Guelph Wellington

ACEs & Resilience Learning Modules:
<https://acescoalition.ca/get-trained/>



Family Compass Waterloo Region

Guiding you to services for children and youth

<https://www.familycompasswr.ca/en/index.aspx>



Including a Covid Response link:

<https://childrenandyouthplanningtable.ca/covid-19-resources-for-children-youth-and-families/>

A Video Conversation with Dr. Jean Clinton & Kerrie Moore Video Link:

<https://youtu.be/4nn-jldOA-A>

We Got This Waterloo Region - downloadable short videos

https://www.youtube.com/channel/UCWoTzHkNg_8BwP5IF-8N9Ag



Challenging Systemic Barriers Video Series

www.wellbeingwaterloo.ca/blog/equity/



Indigenous Engagement

<http://www.wellbeingwaterloo.ca/blog/indigenous-engagement/>

Comments / Questions / Ideas? Please feel free to email us at:
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