Snapshot of Child & Youth Wellbeing in Waterloo Region

Children and Youth Planning Table of Waterloo Region

#CYWellbeingWR

Thank You to the Data Team!

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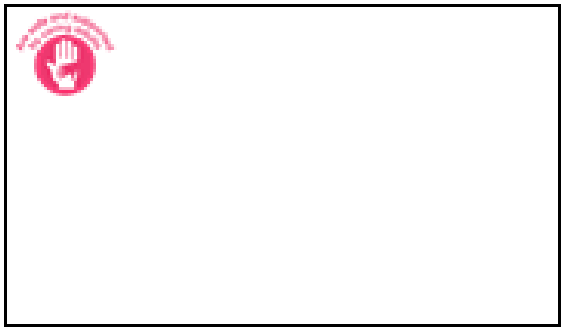
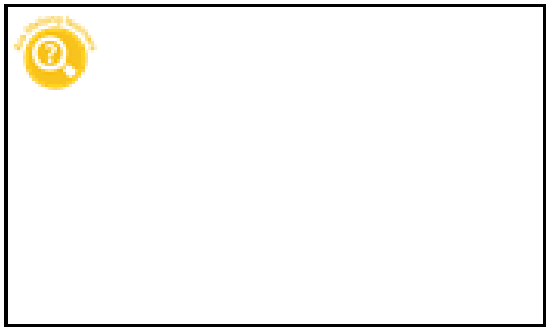
- Tamara Kerr, Region of Waterloo Children's Services
- Tristan Wilkin, Region of Waterloo Planning

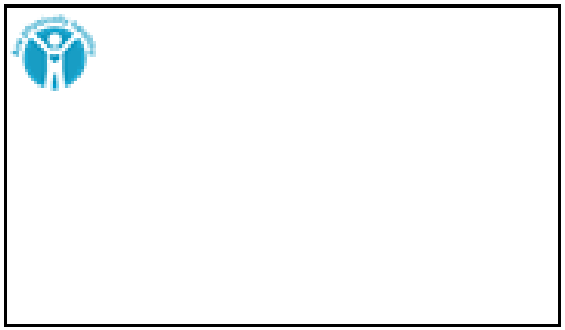
PLACE MATS

The State of Child and Youth Wellbeing in Waterloo Region

Reflecting on our Shared Goals





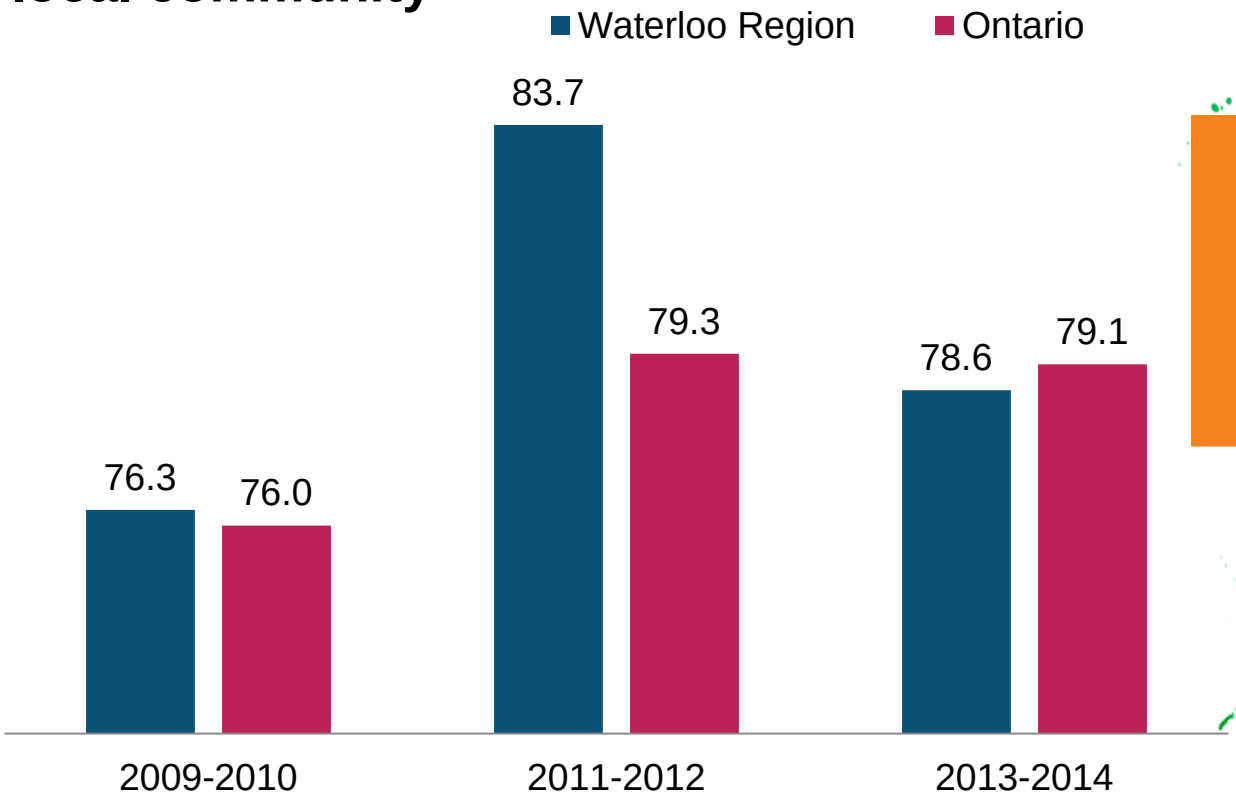


Goal 1:

Children and youth in Waterloo Region **feel valued, hear and included.**

Sense of belonging

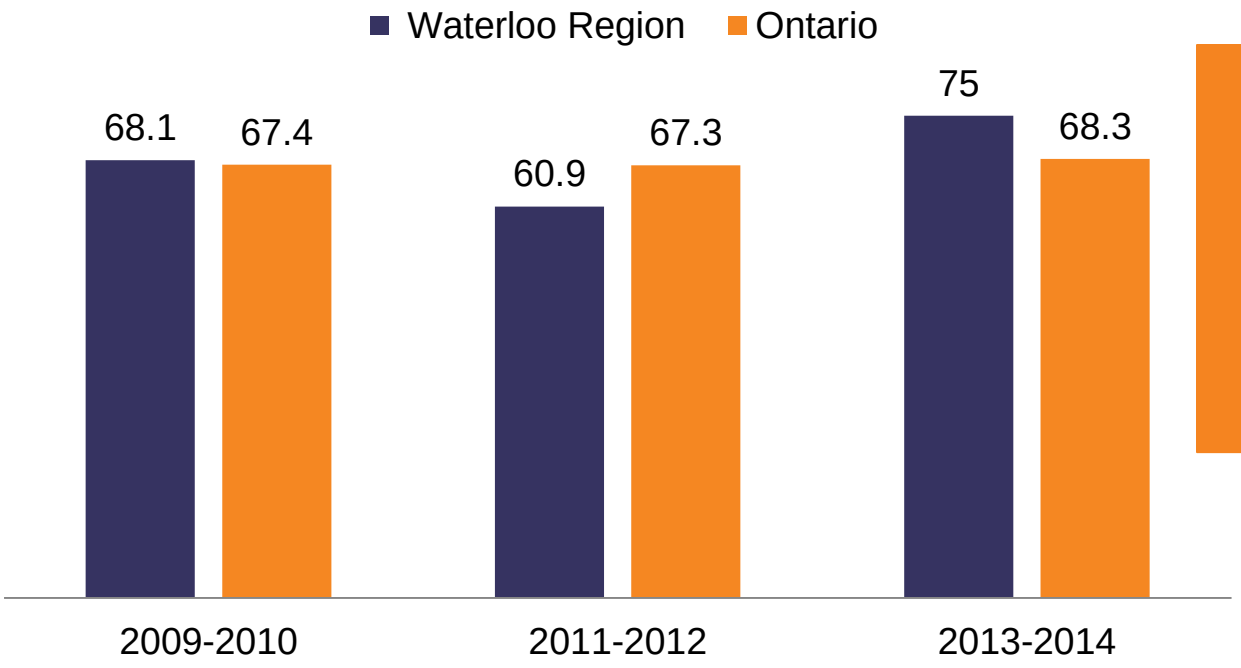
Percent of youth with a "very strong" or "somewhat strong" sense of belonging to their local community



Youth in Waterloo Region have a strong sense of belonging

Sense of belonging

Percent of families with a "very strong" or "somewhat strong" sense of belonging to their local community.



Youth in Waterloo Region have a stronger sense of belonging than adults

Feel valued, heard and included

Goal 2:

Children and youth in Waterloo Region **are safe and supported by caring adults.**

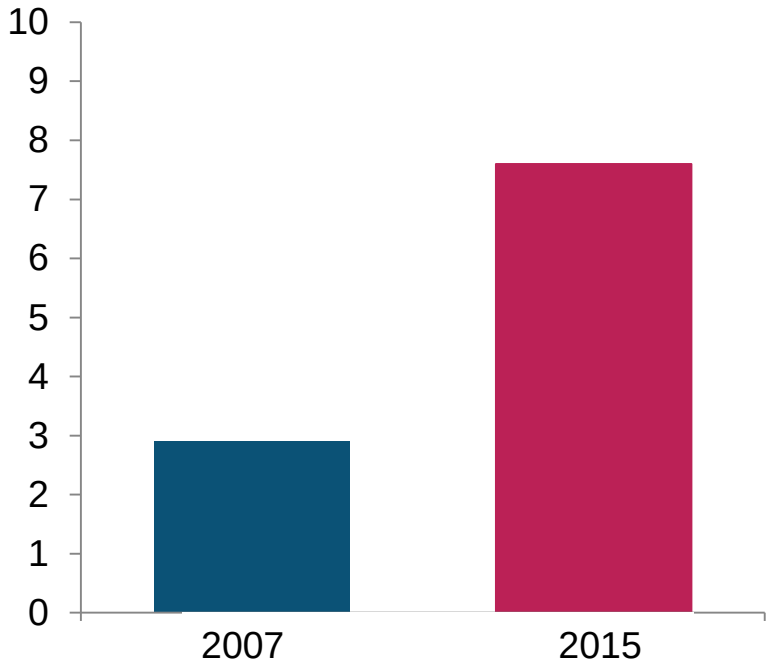
Maltreatment of children and youth

Rate per 1,000 children of Child Maltreatment Investigations

Year	Waterloo Region	Ontario
2013 - 2014	51.96	53.32
2014 - 2015	43.37	-
2015-2016	51.00	-
2016-2017	50.06	-

Rates are **decreasing** over time

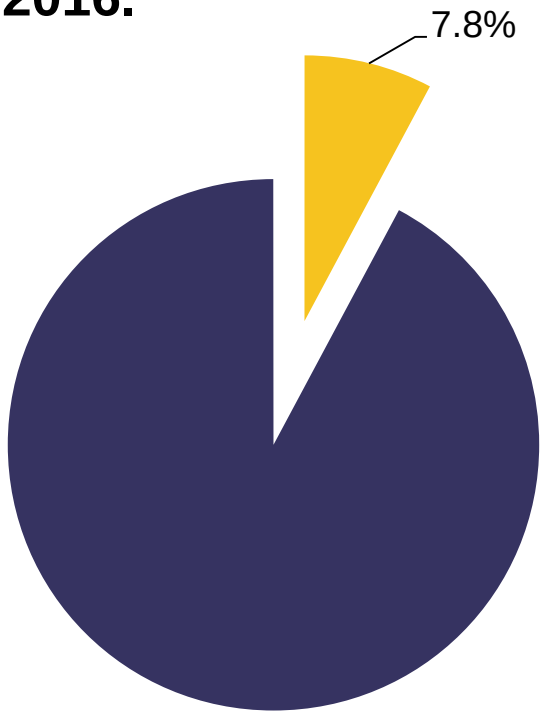
Social cohesion



Social cohesion in the Waterloo Region **jumped significantly** between 2007 and 2015

Living in low income

Percent of children and youth in Waterloo Region who fall under the Low-Income Tax Cut-Off, 2016.



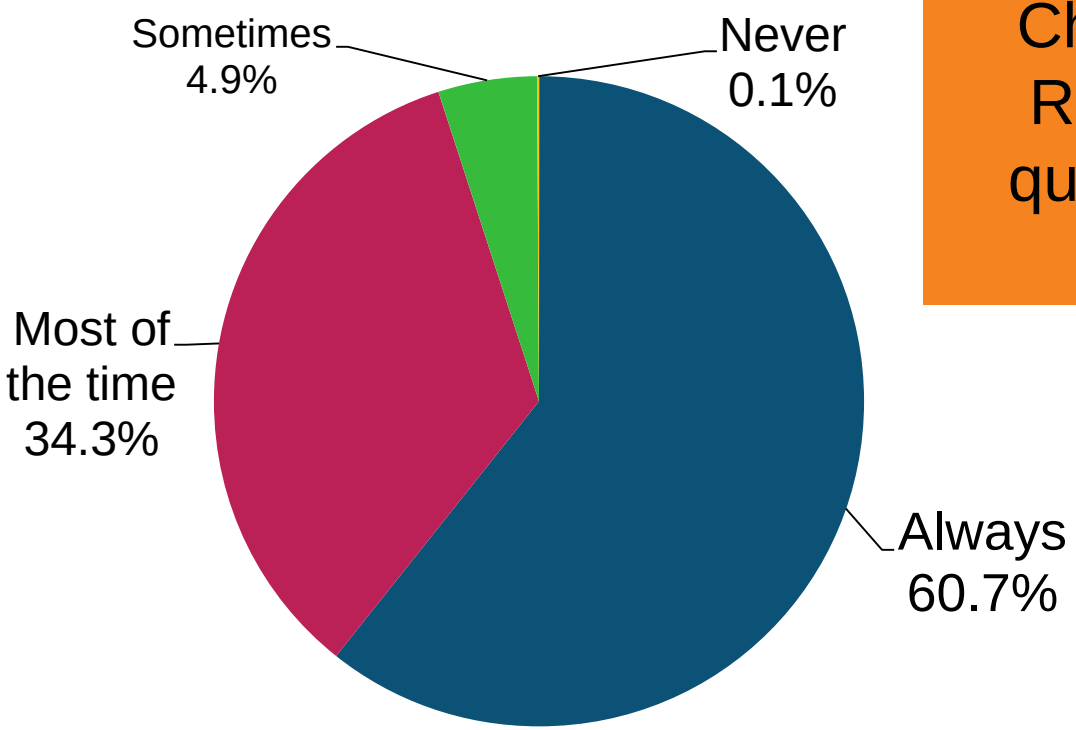
7.8%
=
8,965 children & youth in Waterloo Region

Are safe and supported by caring adults

Quality time with family

Are safe and supported by caring adults

Percent of families (of S.K. students) who report eating as a family at least once a day during a usual school week.



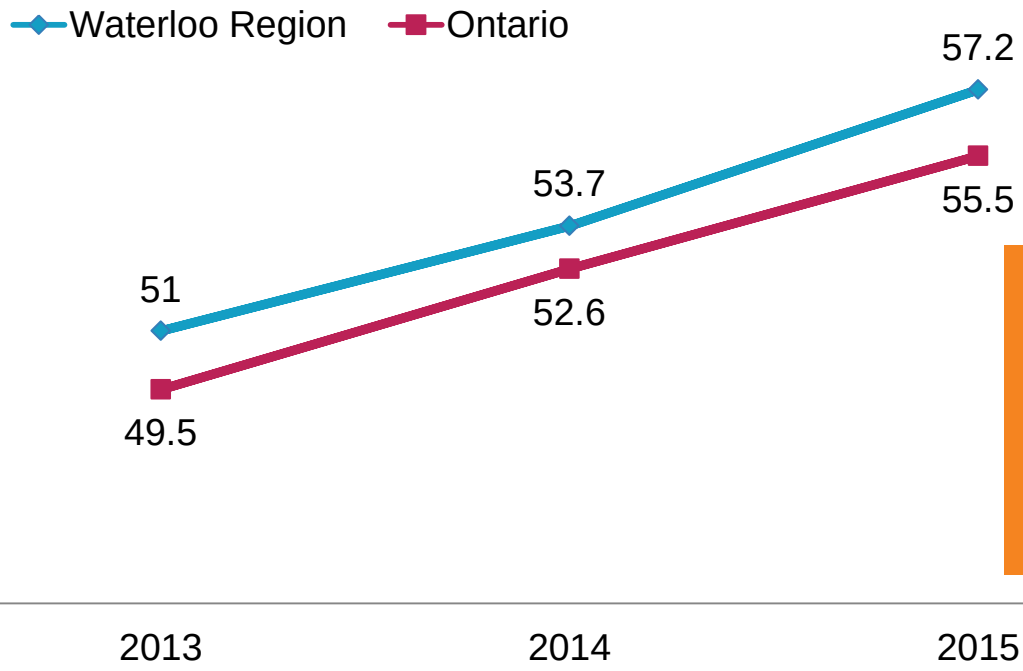
Children in Waterloo Region spend good quality time with their families

Goal 3:

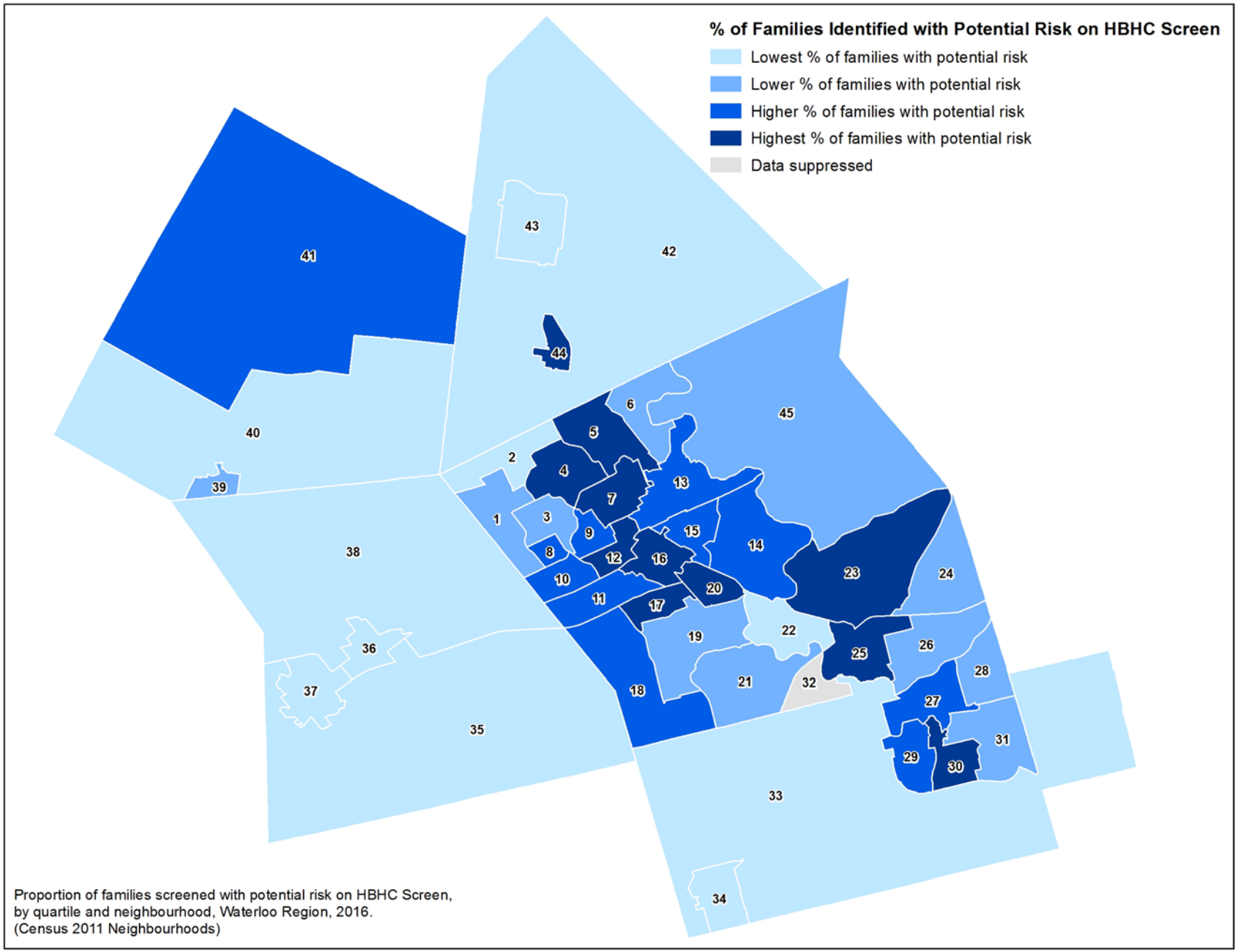
Children and youth in Waterloo Region **are physically healthy.**

Well Baby visit participation

Percentage of children who have had the enhanced 18 month well-baby visit.



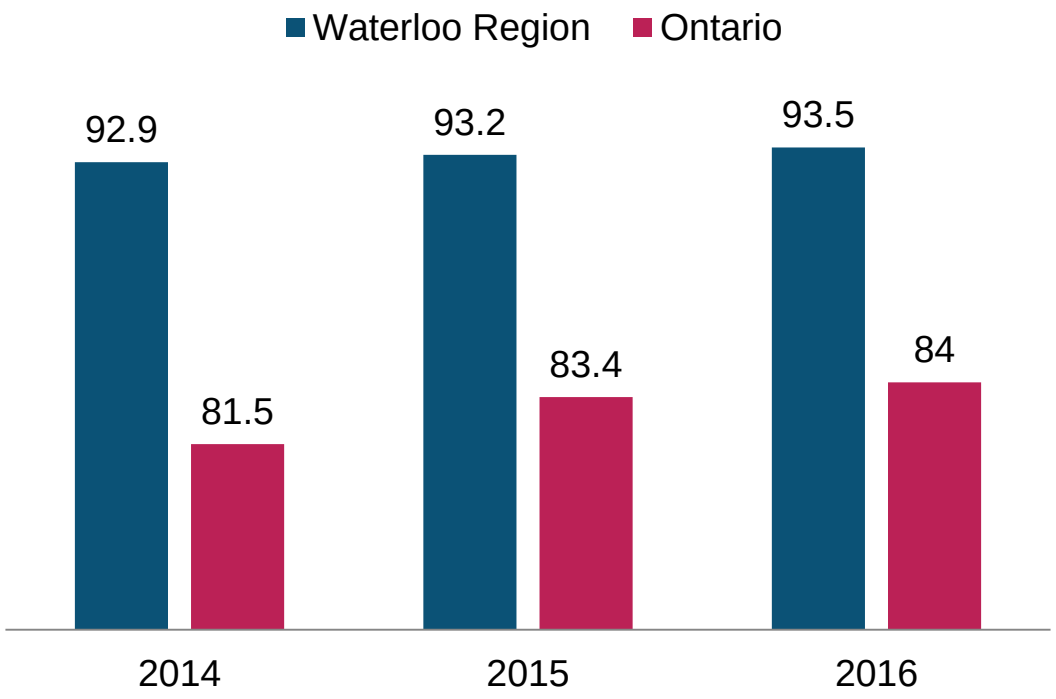
Waterloo Region consistently has a **higher** percentage of Well Baby visits than Ontario.



Proportion of families screened with potential risk on HBHC Screen, by quartile and neighbourhood, Waterloo Region, 2016.
(Census 2011 Neighbourhoods)

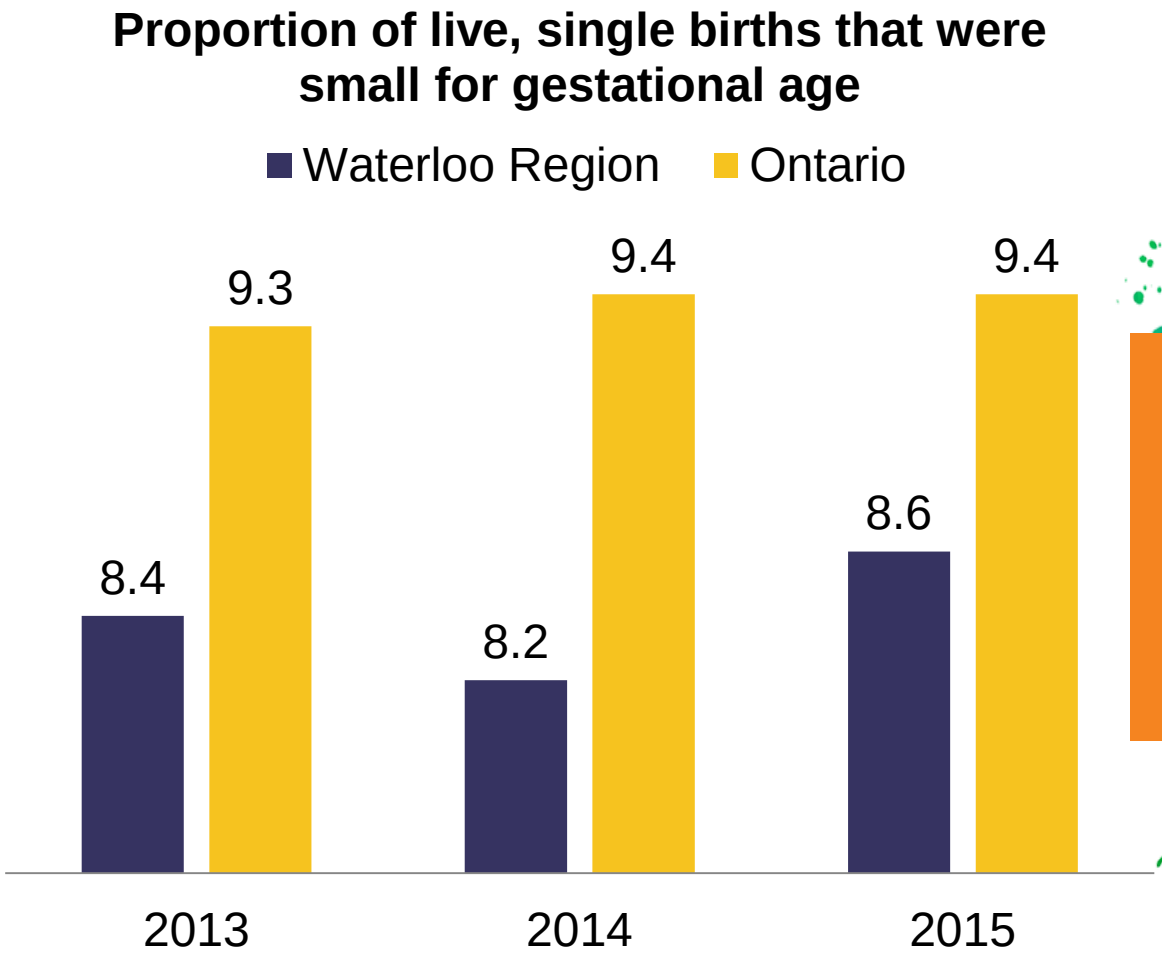
Prenatal visits

Proportion of pregnancies with a first trimester visit.



Women in Waterloo Region are **very likely** to go to a prenatal visit within the first trimester

Birth weight

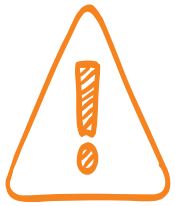


Waterloo Region have fewer babies born with a low birth weight than the province

Physical activity for youth

Percent of Youth Who Are Active or Moderately Active During Leisure Time

	2009-2010	2011-2012	2013-2014
Waterloo Region	76.1	58.5	75.8
Ontario	70.1	73.9	70.3



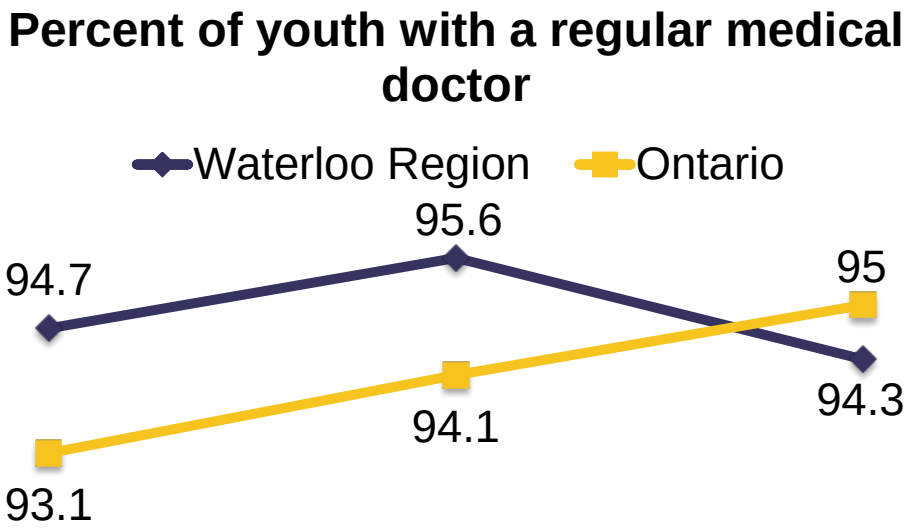
Generally, youth in Waterloo Region spend **more time** active than youth in Ontario – **with the exception of 2011-2012**

Youth healthy eating

Percent of youth who consume vegetables and fruit 5 times or more daily

	2009-2010	2011-2012	2013-2014
Waterloo Region	41.0	36.1	57.5
Ontario	45.1	42.8	42.6

Access to health care provider



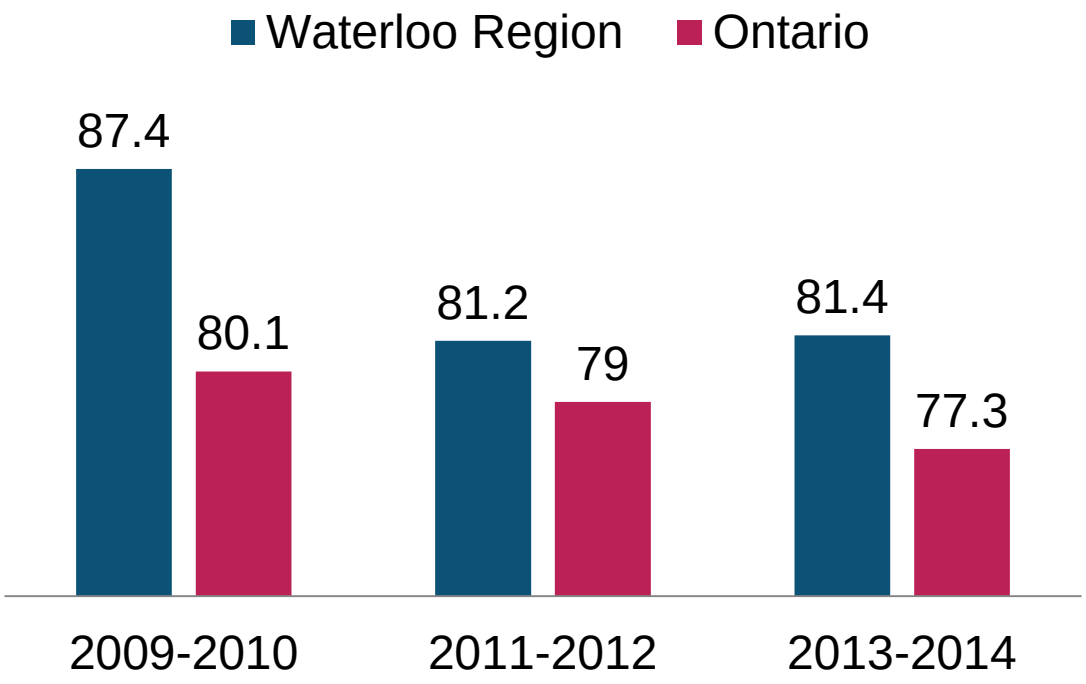
Children whose parents report that they have access to a family doctor

98.2%

Youth obesity rates

Are physically healthy

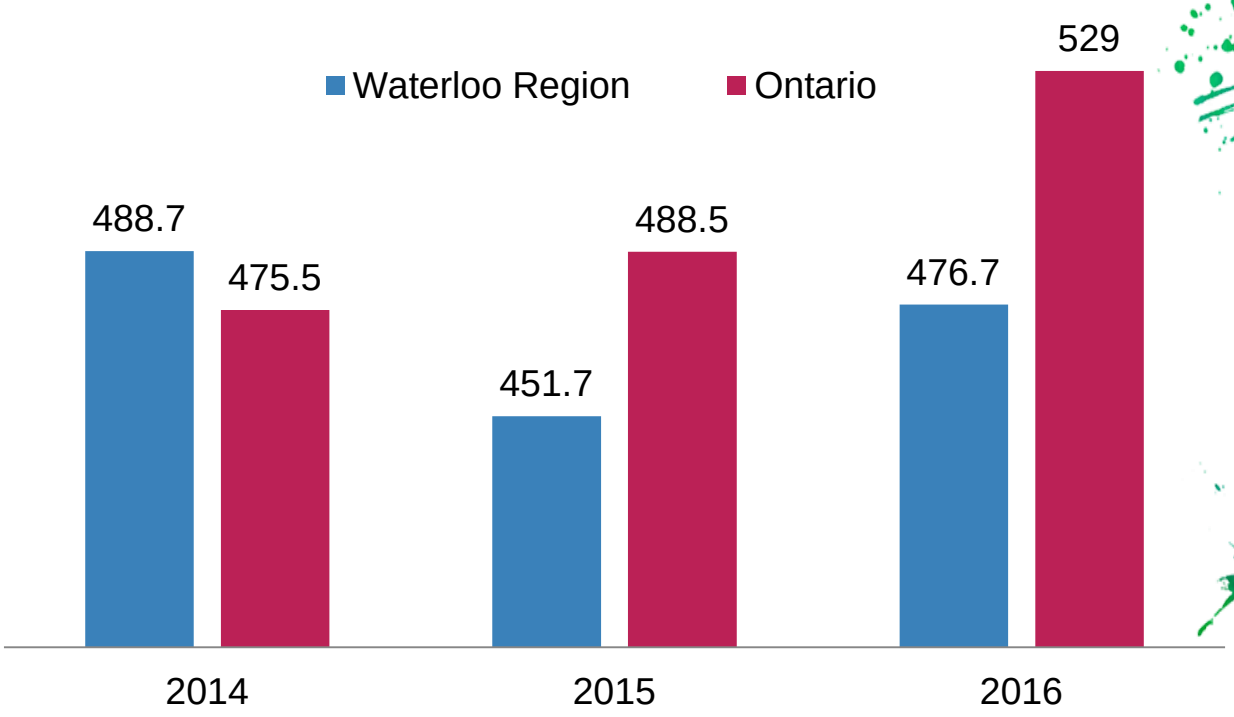
Proportion of youth that are <u>neither</u> overweight or obese



Youth in the Waterloo Region are **less likely** to be overweight or obese compared to youth in Ontario.

Sexually transmitted infections

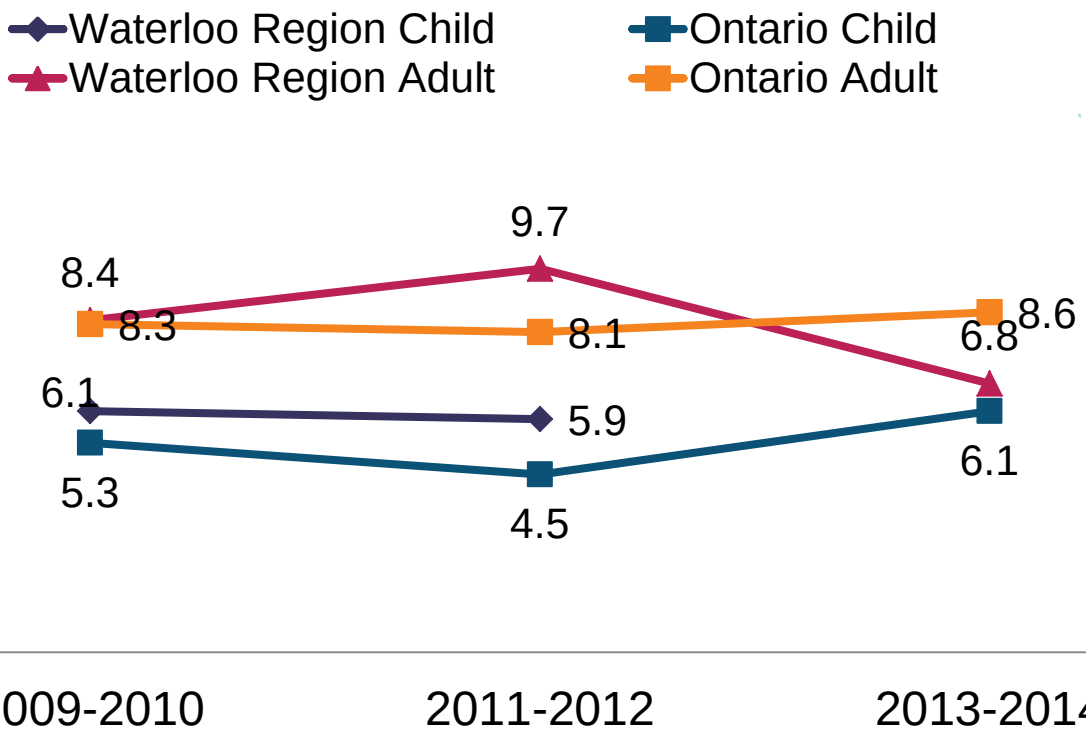
Incidence rates for youth per 100,000 for sexually transmitted and blood-borne infections.



STI rates in Waterloo Region are staying relatively steady, rates in Ontario increasing

Food insecurity

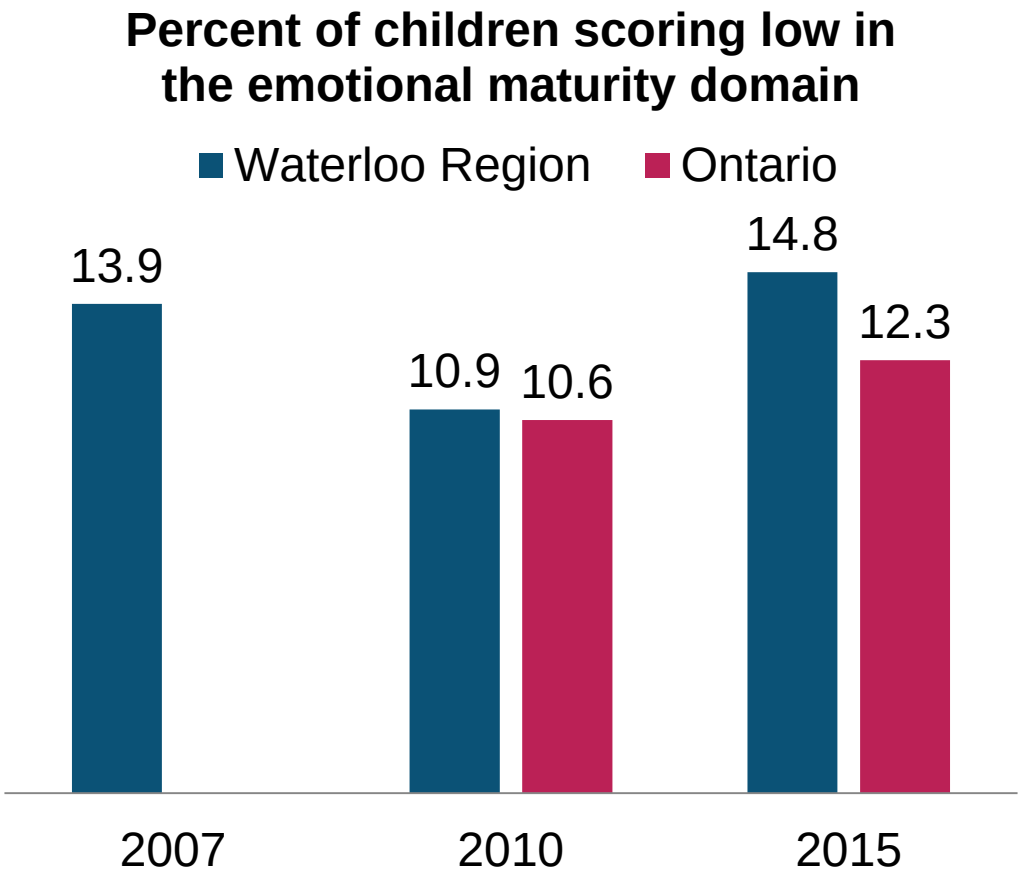
Percentage of households that were food insecure, by age of household member experiencing food insecurity



Goal 4:

Children and youth in Waterloo Region **are emotionally healthy.**

Vulnerability on the emotional maturity domain



The percentage of children scoring low in Waterloo Region has **increased significantly** from 2010, and is higher than the Ontario average.

Are emotionally healthy

Children and Youth Planning Table of Waterloo Region

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Self-rated mental health

Are emotionally healthy

Percent of youth rating their mental health as very good or excellent

	2009-2010	2011-2012	2013-2014
Waterloo Region	77.0	81.8	80.4
Ontario	75.6	78.2	73.7

■ 2013-2014

Youth in Waterloo Region self-report **better** mental health than youth in Ontario

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Goal 5:

Children and youth in Waterloo Region **are lifelong learners.**

Developmental readiness at kindergarten

Percent of SK students who are vulnerable on 2 or more EDI domains

Waterloo Region	Ontario
18.5%	**14.4%**

Higher proportion of children in Waterloo Region vulnerable compared to Ontario

Access to licensed child care

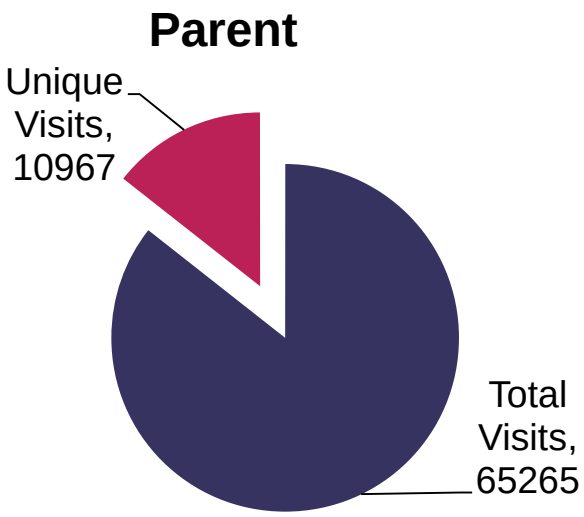
Percent of children, under 4, in Waterloo Region with access to a centre-based child care space

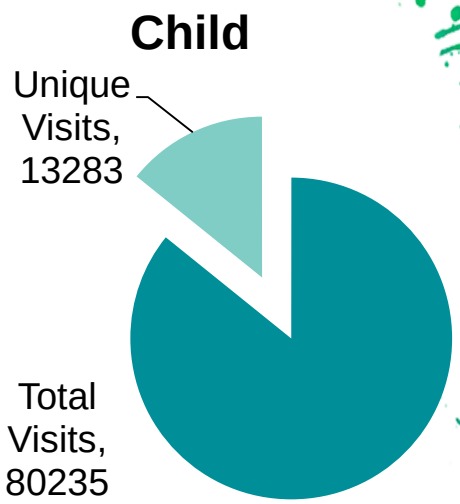
Municipality	Access
Waterloo	34.01%
Cambridge	24.98%
Kitchener	13.07%
Wilmot	10.83%
Woolwich	8.99%
Wellesley	5.64%
North Dumfries	3.64%

Utilization of OEYCs

Are lifelong learners

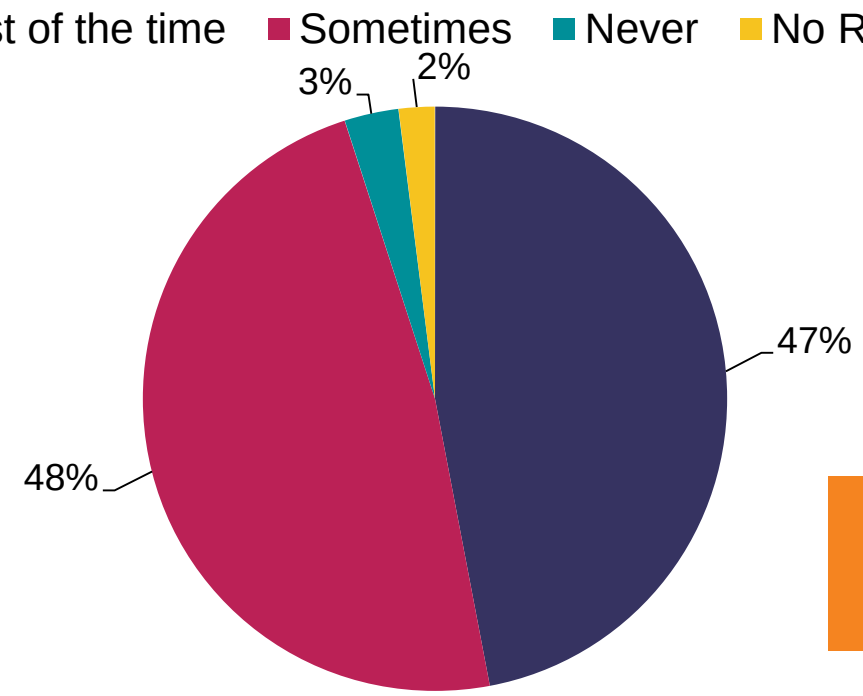
Number of parents and children served in an Ontario Early Years Centre, 2015-2016





Enjoyment of reading

Percent of Grade 3 students who reported liking to read



Good, but lower than Province

High school completion

Are lifelong learners

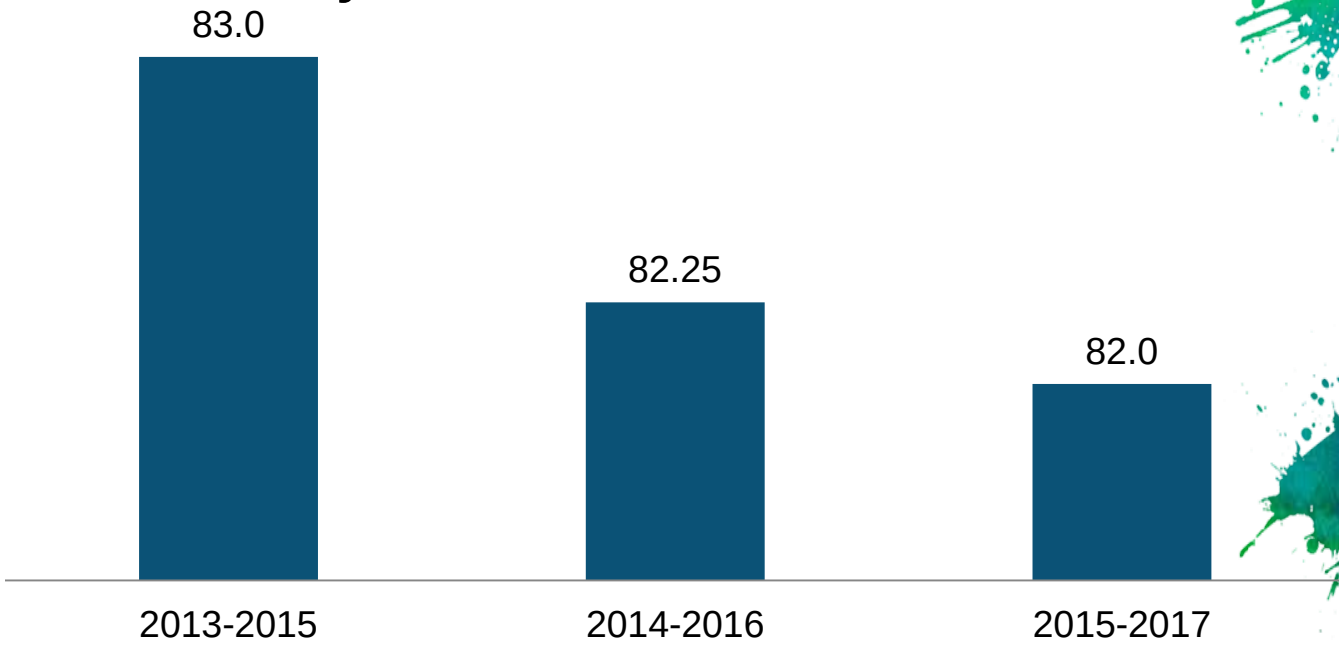
82.25%

of students earned an diploma within 5 years of starting high school in 2011-2012.

Rates ranged from 81% to 86%

Grade 10 Literacy

Percentage of first time eligible students who were successful on the Grade 10 Literacy Test



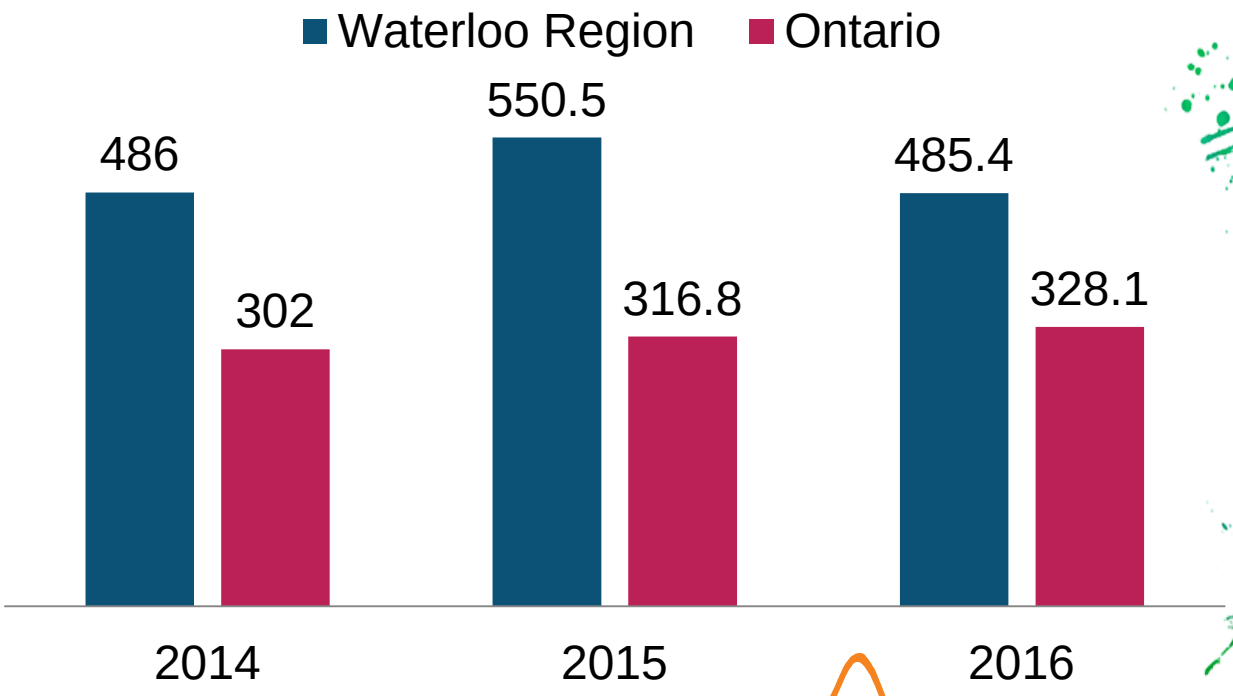
Goal 6:

Children and youth in Waterloo Region **can see a positive future for themselves.**

Self-harm

Can see a positive future for themselves

Rates of emergency department visits for youth for intentional self-harm per 100,000



Suicide mortality

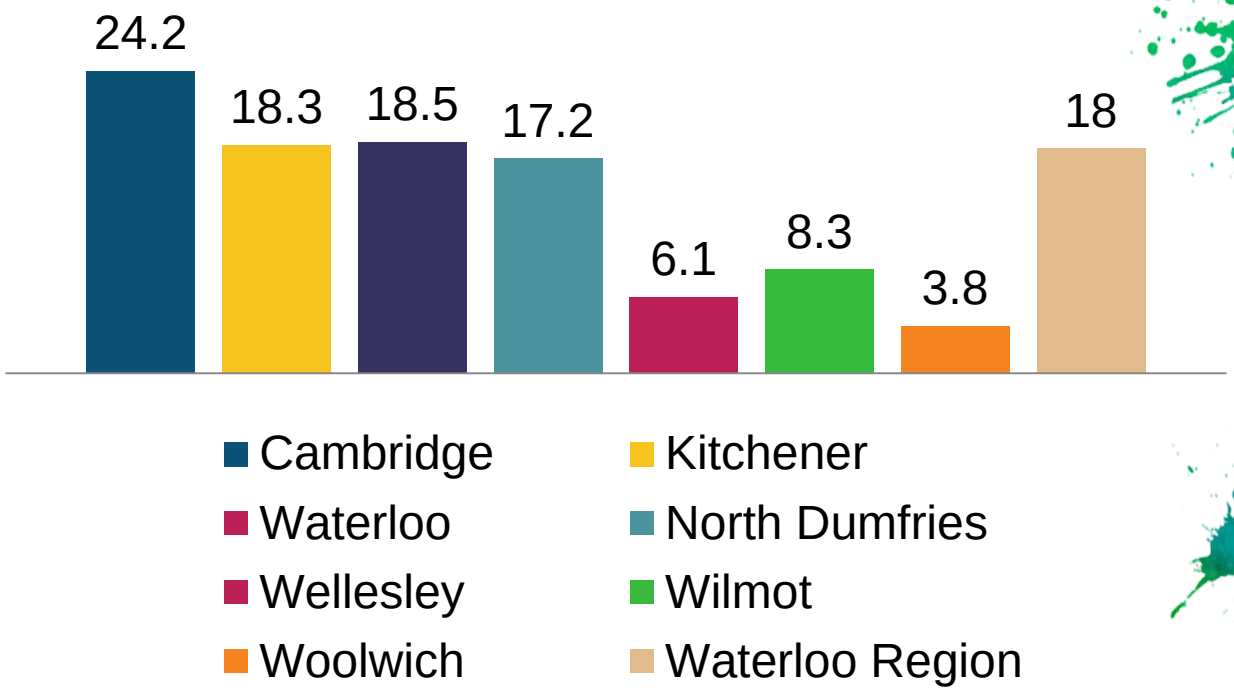
Number and rates of intentional self-harm (suicide) deaths per 100,000

	Number of Deaths		Rate per 100,000 of deaths	
	2003-2007	2008-2012	2003-2007	2008-2012
Waterloo Region	13	13	4.2	4.3
Ontario	235	247	3.1	3.3

Youth unemployment

Can see a positive future for themselves

Number of youth without paid work, who are available to work and actively looking for work (as % of labour force), 2011



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Questions?

Further Sense-Making

How does the data reinforce/challenge what your table already discussed?

Use yellow post-its to record any new:

- **What's going well**
- **What needs attention**
- **Other**

Add to the stations

Big Ideas

We have been theming the post-its

Want to start understanding the 'big ideas' Emerging for our future attention and work together

Each get 2 pink post-its

Individually place beside the ideas that you think:

- Has high urgency
- Has high readiness for addressing
- We are the right group to be collectively addressing