Children & Youth Planning Table Meeting

Monday, February 12
We acknowledge that we are on the traditional territory of the Neutral, Anishnawbe and Haudenosaunee peoples and thank them for allowing us to do this good work on their traditional land.
What are you grateful for?
## Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Focus</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00am</td>
<td>Welcome &amp; Updates</td>
</tr>
<tr>
<td>9:15am</td>
<td>Shared Goals for Child and Youth Wellbeing</td>
</tr>
<tr>
<td>10:15am</td>
<td>Healthy Kids Community Challenge</td>
</tr>
<tr>
<td>10:45am</td>
<td>Learning more about Family Compass</td>
</tr>
<tr>
<td>11:15am</td>
<td>Break</td>
</tr>
<tr>
<td>11:30am</td>
<td>Family Compass Website Launch!</td>
</tr>
</tbody>
</table>
Annual Update

2017 Annual Update

The Children and Youth Planning Table of Waterloo Region is a community-wide partnership of service providers, researchers, planning bodies and funders serving children, youth and families in our community.

Vision
Happy, healthy children and youth – today and tomorrow.

Mission
To collectively mobilize as one system for children and youth in Waterloo Region that relentlessly strives to maximize wellbeing throughout generations.

Shared Goals for Child and Youth Wellbeing in Waterloo Region

To achieve our vision we have developed six Shared Goals for Child and Youth Wellbeing. A great deal of energy and time has been dedicated to the development of the goals and into a shared measurement system that will monitor progress over time as we strive to reach our goals.
Snapshot of Child & Youth Wellbeing

A Snapshot of Child and Youth Wellbeing in Waterloo Region

Children and Youth Planning Table of Waterloo Region

@CYPTWR
EarlyON

Child and Family Centre

@CYPTWR
Sustainability

LYLE S. HALLMAN FOUNDATION

Ontario Trillium Foundation  Fondation Trillium de l’Ontario
Working Groups

Thank You!

Children and Youth Planning Table of Waterloo Region

@CYPTWR
Shared Goals for Child and Youth Wellbeing

Feel valued, heard and included
Are safe and supported by caring adults
Are physically healthy
Are emotionally healthy
Are lifelong learners
Can see a positive future for themselves
Our "Why"

Together, as the Children and Youth Planning Table, we are trying to do what no organization can accomplish on its own.

We want to work together to create impactful collective solutions that will improve the wellbeing of children and youth in our community.
<table>
<thead>
<tr>
<th>CPT Vision</th>
<th>Goals for Children &amp; Youth</th>
<th>Shared Measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>All children and youth in Waterloo Region live in a community that supports their developmental health through a system of coordinated and effective services.</td>
<td>GAP</td>
<td>Common indicators</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Collective impact</td>
</tr>
</tbody>
</table>
Our Vision

Happy, healthy children and youth – today and tomorrow.
Our Shared Goals

- Feel valued, heard and included
- Are safe and supported by caring adults
- Are physically healthy
- Are emotionally healthy
- Are lifelong learners
- Can see a positive future for themselves
# Our Shared Measurement System

<table>
<thead>
<tr>
<th>Goal 1</th>
<th>Early Years (0-11)</th>
<th>Youth (12-18)</th>
<th>Family</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Sense of belonging in local community</td>
<td>Sense of belonging in local community</td>
<td></td>
</tr>
<tr>
<td>Goal 2</td>
<td>Maltreatment of children</td>
<td>Maltreatment of youth</td>
<td>Social cohesion Children living in low-income Quality time with family</td>
</tr>
<tr>
<td>Goal 3</td>
<td>Well Baby Visit participation Healthy Babies, Healthy Children vulnerability Prenatal visits Birth weight</td>
<td>Participation in physical activities Healthy eating Access to health care provider Obesity rates Sexually transmitted infections</td>
<td>Access to health care provider Food security</td>
</tr>
<tr>
<td>Goal 4</td>
<td>Vulnerability on the emotional maturity domain</td>
<td>Self-rated levels of mental health</td>
<td></td>
</tr>
<tr>
<td>Goal 5</td>
<td>Developmental readiness at Kindergarten Preschool learning opportunities Access to licensed child care Utilization of EarlyON Child and Family Centres</td>
<td>High school completion Grade 10 literacy Education and employment inactivity</td>
<td></td>
</tr>
<tr>
<td>Goal 6</td>
<td>Enjoying to read</td>
<td>Self-harm Suicide mortality Employment Volunteer rates</td>
<td></td>
</tr>
</tbody>
</table>
Children and Youth Planning Table

Vision

Happy, healthy children and youth – today and tomorrow

Goals for Children & Youth

In Waterloo Region, Children and Youth...

1. Feel valued, heard and included
2. Are safe and supported by caring adults
3. Are physically healthy
4. Are emotionally healthy
5. Are lifelong learners
6. Can see a positive future for themselves

<table>
<thead>
<tr>
<th>Early Years (0-11)</th>
<th>Youth (12-18)</th>
<th>Family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sense of belonging in local community</td>
<td>Social cohesion</td>
<td></td>
</tr>
<tr>
<td>Malnutrition of children</td>
<td>Maltreatment of youth</td>
<td>Children living in low-income</td>
</tr>
<tr>
<td>Well Baby Visits participation</td>
<td>Participation in physical activities</td>
<td>Quality time with family</td>
</tr>
<tr>
<td>Healthy babies, Healthy Children: vulnerability</td>
<td>Healthy eating</td>
<td>Access to health care provider</td>
</tr>
<tr>
<td>Prenatal visits</td>
<td>Access to Child care provider</td>
<td></td>
</tr>
<tr>
<td>Birth weight</td>
<td>Obesity rates</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sexually transmitted infections</td>
<td></td>
</tr>
<tr>
<td>Vulnerability on the emotional maturity domain</td>
<td>Self-rated levels of mental health</td>
<td></td>
</tr>
<tr>
<td>Developmental readiness at Kindergarten</td>
<td>High school completion</td>
<td></td>
</tr>
<tr>
<td>Preschool learning opportunities</td>
<td>Grade 10 literacy</td>
<td></td>
</tr>
<tr>
<td>Access to licensed child care</td>
<td>Education and employment inactivity</td>
<td></td>
</tr>
<tr>
<td>Utilization of EarlyON Child and Family Centres</td>
<td>Enyres to read</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Measurement

- Self-harm
- Suicide mortality
- Employment
- Volunteer rates
Support for Collective Impact

Collaboration = Strength

It is the only way the issues can be addressed on a deeper level.

We believe in the work the Children and Youth Planning Table is doing and that as a collective we can accomplish more.
Recap from the Annual Forum
Bubbling to the top...

1. Sense of belonging for children and youth
2. Youth engagement
3. Poverty and income inequality
4. Supporting caring adults
5. Access to sports, recreation and/or activities
6. Healthy eating, access to healthy food
7. Obesity
8. Mental health
9. Bullying
10. Early child development
11. Self-harm and suicide
12. Water and air quality
Feedback from Voting Members

Rate the 12 areas of focus…

• Had especially high urgency,
• Had especially high readiness for addressing, and
• The Children and Youth Planning Table is the right group to be collectively addressing
Urgency

- Mental health
- Self-harm and suicide
- Poverty and income inequality
- Bullying
- Early child development
- Supporting caring adults
- Youth engagement
- Sense of belonging
- Healthy eating
- Access to sports
- Obesity
- Water and air quality
Readiness for addressing:

- Early child development
- Sense of belonging
- Mental health
- Access to sports
- Bullying
- Supporting caring adults
- Youth engagement
- Healthy eating
- Poverty and income inequality
- Self-harm and suicide
- Obesity
- Water and air quality
Are we the right group?

- Sense of belonging
- Early child development
- Youth engagement
- Supporting caring adults
- Mental health
- Bullying
- Self-harm and suicide
- Access to sports
- Healthy eating
- Poverty and income inequality
- Obesity
- Water and air quality
Putting it all together

- Early child development
- Mental health
- Sense of belonging
- Youth engagement
- Bullying
- Supporting caring adults
- Self-harm and suicide
- Poverty and income inequality
- Access to sports
- Healthy eating
- Obesity
- Water and air equality
Putting it all together

Urgency

- Self-harm & suicide
- Poverty & income inequality

Readiness

- Access to sports and recreation
- Sense of belonging

Mental health

Early child development

Supporting caring adults

Youth engagement

We are the right group to address
Discussion

1. Initial reaction?

2. What is the advantage of moving forward with Collective Impact on....
   - Early child development
   - Mental health
   - Sense of belonging
   - Bullying

3. How can we engage the community in our collective impact efforts?
Next Steps
Waterloo Region
Healthy Kids Community Challenge

Together we can make a difference!

February 12, 2018
Healthy Kids Community Challenge Goals

- Reduce childhood obesity/overweight and achieve healthier weights among children 0-12 years
- Improve healthy behaviours among children related to healthy eating and physical activity
- Increase community collaboration and coordination on childhood obesity prevention and reduction, including the public, private and not-for-profit sectors
Themes Completed

**Theme 1**

**Theme 2**
Water Does Wonders

**Theme 3**
Choose to Boost Veggies and Fruit

- Shoes donated to local children to support physical activity
- "Water You Drinking? Live!" theatre performances delivered to area schools to promote water consumption
- Students painting the new vegetable gardens installed at St. Bernadette Catholic School
Theme 4: Power Off and Play!

Limiting children's *recreational* and *sedentary* screen time
Why Screen Time?

CTV News Kitchener (October 18, 2017)
Most Canadian kids get too much screen time, not enough exercise: report

Global News (October 18, 2017)
Canadian kids not getting enough physical activity and too much screen time

The Globe and Mail (June 1, 2017)
How much is harmful?: New guidelines released on screen time for young children

CTV News (December 8, 2017)
Less sleep and higher BMIs more likely in kids who use screens before bedtime
Why Screen Time?

Too much screen time can affect:

1. **Early Development**
   - Linked to poor brain development, language development, and attention skills

2. **Physical Health**
   - Linked to lower levels of physical fitness, unhealthy weights, and cardio-metabolic disease

3. **Mental Wellbeing**
   - Can be linked to behavioral issues, lower self-esteem, and symptoms of depression, social isolation, and stress
## Screen Time Recommendations

<table>
<thead>
<tr>
<th>Age</th>
<th>Amount of Screen Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 2 years</td>
<td>• No screen time is recommended</td>
</tr>
<tr>
<td>2 – 4 years</td>
<td>• No more than 1 hour per day (less is better)</td>
</tr>
<tr>
<td>5-17 years</td>
<td>• No more than 2 hours of recreational screen time per day (less is better)</td>
</tr>
</tbody>
</table>
Three Ways to Address Screen Time

1. Stay within the recommended screen time limits

2. Put screens away during important times of the day (i.e., sleep time, meal and snack time, family time, etc.)

3. Replace screen time with other activities (i.e., physical activity, social interactions, etc.)
What Are We Doing in the Community?

1. Education and Awareness
   - Power Off and Play! Challenge

2. Live Theatre Performances

3. Recreational and Active Play Programming
   - No-cost/low-cost physical activity programming
   - School Skate, Swim to Survive, Public Skating, Pop-Up Playgrounds, Huron Natural Area Field Trips
How Can You Be Involved?

• Promote the Theme 4 Key Messages:
  1. Stay within the recommended screen time limits
  2. Put screens away during important times of the day
  3. Replace screen time with other activities
How Can You Be Involved?

- **Apply for a Community Engagement Opportunity**
  - Submit an Action Plan Proposal to implement an educational, policy, and/or environmental support intervention that promotes the screen time recommendations and one or more of the following:
    - Physical activity;
    - Food skills development/healthy eating; and
    - Literacy
Considerations for Screen Time Interventions

Screen time reduction interventions are more likely to be successful if they:

1. Are part of a comprehensive approach
2. Integrate/support other healthy lifestyle components
3. Invite parents to be role models
4. Give children opportunities to choose how to replace screen time
Ideas to Get Started

Educational Support Strategies

• Adapt/purchase educational tools that promote physical and/or food literacy
• Create a family workshop on ways to reduce screen time
• Offer food skills classes and share messaging around powering off during meal time
Ideas to Get Started

Policy Support Strategies

- Advocate for policy that sets limits to screen time
- Support children and parents with developing family media plans
- Conduct research on improving the built environment to support active play
Ideas to Get Started

Environmental Support Strategies

• Purchase equipment/materials to expand or offer programming in the following areas:
  • Food Skills
  • Physical Literacy
  • Literacy

• Supply the materials for children to make their own Power Off and Play! activity kits

• Offer and promote a mix of non-screen games and activities
Process/Timeline

• **March 15th**: Submit action proposals/budget for Theme 4 by 4:30pm

• **March 22th**: Refined proposals submitted to Healthy Kids Community Challenge Steering Committee for approval

• **March 29th**: Final Theme 4 action proposals/budget submitted to Ministry of Health and Long-Term Care for approval
How Will You Promote the Theme 4 Key Messages?

1. Stay within the recommended screen time limits

2. Put screens away during important times of the day (i.e., sleep time, meal and snack time, family time, etc.)

3. Replace screen time with other activities (i.e., physical activity, social interactions, etc.)
Questions?

Contact: **Danielle Lodwick**
Healthy Kids Community Challenge Local Project Manager
dlodwick@regionofwaterloo.ca or 519 575 4400 ext. 5305
Family Compass
Waterloo Region
Guiding you to Services for Children and Youth

Children and Youth Planning Table of Waterloo Region
#FamilyCompassWR
Our Task:

- Operationalize the focus area of Access.
- Establish one priority area of focus to address through collective effort, and determine the action steps for moving forward.
### Forum Activity - Barriers

<table>
<thead>
<tr>
<th>Main Themes</th>
<th># of times it made top 5 (out of 20)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Awareness/Navigation</td>
<td>17</td>
</tr>
<tr>
<td>2. Cost</td>
<td>11</td>
</tr>
<tr>
<td>3. Lack of Flexibility</td>
<td>9</td>
</tr>
<tr>
<td>4. Transportation</td>
<td>8</td>
</tr>
<tr>
<td>5. Language/cultural</td>
<td>6</td>
</tr>
<tr>
<td>6. Stigma</td>
<td>4</td>
</tr>
</tbody>
</table>

### Children's Planning Table: Conceptual Framework

<table>
<thead>
<tr>
<th>Universal Pathway</th>
<th>Preconditions</th>
<th>Access</th>
<th>Success</th>
<th>Service(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Awareness of Optimal Health Characteristics</strong></td>
<td>- Awareness of developmental milestones&lt;br&gt;- Awareness of healthy environments&lt;br&gt;- Ability to see beyond basic survival needs of child and family&lt;br&gt;- Feeling of empowerment/ability/motivation to act</td>
<td>- Acknowledgement of the child and family’s needs for positive experiences in the early years&lt;br&gt;- Feeling of empowerment/ability/motivation to act</td>
<td>- Information available in accessible formats&lt;br&gt;- Ability to afford services&lt;br&gt;- Ability to connect in a way that reduces/eliminates barriers</td>
<td>- Access to services that are available when and how they need them&lt;br&gt;- Ability to communicate and provide feedback about services&lt;br&gt;- Constructive engagement in service experience</td>
</tr>
<tr>
<td><strong>What do families need to have?</strong></td>
<td>- Awareness of developmental milestones&lt;br&gt;- Awareness of healthy environments&lt;br&gt;- Awareness of the needs and barriers experienced by families&lt;br&gt;- Awareness of the importance and impact of the Early Years</td>
<td>- Tools and resources that support healthy child development&lt;br&gt;- Awareness of universal services available&lt;br&gt;- Awareness of universal services available</td>
<td>- Lens of seeing and supporting families/children where they are at (person-centered)&lt;br&gt;- Appropriate communication mechanisms with families&lt;br&gt;- Ability to provide effective programming&lt;br&gt;- Creative problem solving for waitlist management and interim support across agencies</td>
<td>- Ability to collect client feedback on an on-going basis&lt;br&gt;- Regular communication with families&lt;br&gt;- Measurable outcomes to evaluate&lt;br&gt;- Ability to use information from child/family to refine service</td>
</tr>
<tr>
<td><strong>What do service providers need to have?</strong></td>
<td>- Outreach to priority populations&lt;br&gt;- Natural touch points that serve as opportunities for screening</td>
<td>- Supports for those with barriers&lt;br&gt;- Tools and resources to support development of policies and programs that support healthy child development&lt;br&gt;- Ability to reach families at risk</td>
<td>- Universal access for all children&lt;br&gt;- Ongoing menu of options&lt;br&gt;- Shared vision of seamless service delivery</td>
<td>- Consistent, high quality service throughout system&lt;br&gt;- Ability to make services available as long as child needs it&lt;br&gt;- Shared outcomes and indicators/milestones</td>
</tr>
</tbody>
</table>
Consensus: Navigation

A. Agree (it has my support)
B. Agree with reservations (can live with it)
C. Disagree (cannot support)
2014 – 2015: Navigation Action Team
Our Task:

- To determine a step-by-step, detailed, concrete plan for implementing improvements to system navigation.

- Recommended to focus on one of three possible navigation models of support:
  - Virtual access point(s)
  - Physical access point(s)
  - Navigator supports

#FamilyCompassWR
Various Levels of Navigation Support

- Click
- Call
- Meet with
- Coordinate
An Opportunity for Further Collaboration
Recommendation

- To create an on-line starting point for families and service providers who want to know more about services for children/youth and/or have concerns about a child/youth's development.
2015 – present: Virtual Access Team
Our Task:

• To create an easy to access, online, ‘go to’ starting point for families, youth & service providers looking for information on services related to children/youth, and/or who have questions about child development.

#FamilyCompassWR
Joint Virtual Access Team

Children and Youth Planning Table

Special Needs Strategy

Moving on Mental Health

ParentingNow.ca

OneList Waterloo Region

FeeAssist.ca

isearchmycommunity.ca
What is Family Compass?

• New go-to site for services and supports for children and youth in Waterloo Region

• 3 pathways
SEARCH FOR SERVICES
Search for local health, social and recreational services for children and youth in Waterloo Region.

I HAVE A CONCERN
A tool to help you find a local organization that can help address developmental concerns in a child or youth.

RESOURCES FOR PARENTS
Link to Parenting Now – a website that offers resources for parents to learn, find support and connect with other parents.
First Path
Search for services
Search for Services

• Search by keyword

• Search within popular categories

• Narrow by geography

• Quick links to other one-point sites for families
You performed a search for:
- Located In Community: Kitchener
- Categories: Mental Health

There are 14 record(s) that match your criteria.

Click on the organization / program name to view the full details of the record.

1. Canadian Mental Health Association, Waterloo Wellington, Kitchener - King St E
   - Located In: Kitchener
   - Office Phone: 1-844-264-2993
   - Description (Brief): Provides services for people who have experienced a mental health and/or addiction issue.
   - Add Record

2. Canadian Mental Health Association, Waterloo Wellington, Kitchener - Weber St W
   - Located In: Kitchener
   - Office Phone: 1-844-264-2993
   - Description (Brief): Provides services for people who have experienced a mental health and/or addiction issue.
   - Add Record

3. Canadian Mental Health Association, Waterloo Wellington Dufferin, Kitchener - King St E, Adult Psychiatry Services
   - Located In: Kitchener

4. Canadian Mental Health Association, Waterloo Wellington, Guelph - Guelph St W
   - Located In: Guelph
   - Office Phone: 1-844-264-2993
   - Description (Brief): Provides services for people who have experienced a mental health and/or addiction issue.
   - Add Record
Second Path
I Have a Concern

I HAVE A CONCERN
A tool to help you find a local organization that can help address developmental concerns in a child or youth.
I Have a Concern

• Short list of questions to get to best starting point organization

• Opportunity to share question answers with starting point organization and be contacted
Getting Started

To Begin

Please answer the questions below.

Please tell us which best describes you:

- I am a parent/guardian searching on behalf of a child or youth
- I am a youth searching for my own needs
- I am a caring adult searching on behalf of a child or youth
Physical Health and Development

Do you have any physical health or development concerns about the child/youth? (Click all that apply)

- Eating (chewing, swallowing, feeding self, breastfeeding, bottle feeding)
- Walking
- Sitting
- Crawling
- Using their hands and/or fingers to do tasks (e.g., turning pages of a book, printing, holding a pen/pencil)
- Moving their body (e.g., walking, running, jumping, throwing/catching, balancing, coordination)
- Medically fragile / technologically dependant
- Nutrition
- Hearing
- Vision
- Dental
- I don't have any physical health or development concerns
Summary of Concerns

You selected the following list of concerns. In order to help you get started at the best place, please tell us which one is of MOST concern to you at this moment:

List of Concerns:

- Taking care of themselves (feeding self, toileting, dressing, bathing, etc.)
- Talking (making sounds, number of words, making sentences, saying what they are thinking)
- Understanding what others are saying / asking them to do
Basic Needs & Connecting with Others

Are you concerned with the child/youth's safety?

- Yes
- No

Do you have concerns about money to pay to housing/rent, food, clothing, utilities or other basic necessities?

- Yes
- No

Are you interested in connecting with ...

- Others with similar child/youth development concerns
- Service providers who have an acute awareness of current issues that surround First Nations, Metis and Inuit
- Service providers that work with children/youth/families who are new to Canada
- Online parenting resources
Your Starting Point

Based on your responses, your best starting point is:

**KidsAbility**

Phone Number: 519-886-8886 ext. 1214

Visit Website
To discuss your concern regarding safety, we recommend you contact:

Family and Children's Services
Phone Number: 519-576-0540
Visit Website

To discuss your concern regarding basic needs, we recommend you contact:

The Family Outreach Program
Phone Number: 519-742-8327
Visit Website

To connect with others with similar child/youth development concerns, we recommend you contact:

Waterloo Region Family Network
Phone Number: 519-886-9150
Visit Website
You have two options:

1. Print your question responses and this contact information for your record.

   Print All Your Answers

2. Send your contact information and question responses to this service provider so that they may follow up with you within 48 hours.

   Send to Service Provider
Third Path
Resources for Parents

RESOURCES FOR PARENTS

Link to Parenting Now – a website that offers resources for parents to learn, find support and connect with other parents.
Parenting Now

TODAY · TOMORROW · TOGETHER
Parenting Now is a website for parents and those who care about kids.

Join us to connect with other parents, learn new skills and ideas, and find support through local services and resources.

CONNECT

Connecting with other parents is at the heart of Parenting Now. We have a team of Experienced Parents ready to chat with you. Just click on the button at the bottom of the page.

Ask a question, share a parenting tip or simply start a conversation. The chat is private and we do not ask for personal information.

Become a registered user of this site and you can post.
Help Spread the Word!

FAMILY COMPASS
On Monday, February 12 the new Family Compass website (www.FamilyCompassWR.ca) will launch!

This website will be a new go-to site for finding community-based services and supports for parents, youth and children in Waterloo Region.

Here you will find resources to promote Family Compass within your organization, and to the community.

Family Compass Marketing Package: Includes sample social media posts, emails, and news stories.

Family Compass Postcard:
- PDF Postcard
- General Side (1400 x 700 pixels)
- I Have a Concern Side (1400 x 700 pixels)

Family Compass Logos:
- Rectangle Logo
- Button Logo

Advertisements:
- Banner
- Square

“How to use Family Compass” Video (coming soon)

childrenandyouthplanningtable.ca

Guiding you to services for children and youth in Waterloo Region

Unsure where to start? Find out who can help you and your family in minutes.

Family Compass Waterloo Region is a quick, easy and interactive website for parents, professionals and youth who are looking for local health, social or recreational services.

Visit FamilyCompassWR.ca to get started.

- Quick and easy to navigate.
- One-stop resource for all local services supporting children and youth.
- Search from anywhere.
- No guessing who to contact when you have concerns.

FamilyCompassWR.ca

#FamilyCompassWR

@CYPTWR
A Big Thank You to All!

- Special Needs Strategy Planning Table & Subcommittees
- Moving on Mental Health
- CPT Access Working Group
- CPT Navigation Action Team
- CYPT Virtual Access Team
- CYPT Communications Advisory Team

#FamilyCompassWR
Break
Beginning is Underrated

Merely beginning.

With inadequate preparation, because you will never be fully prepared.

With imperfect odds of success, because the odds are never perfect.

Begin. With the humility of someone who's not sure, and the excitement of someone who knows that it's possible.

- Seth Godin
Video
Thank You!

eSolutionsGroup

#FamilyCompassWR
Thank You!

KidsAbility

DEVELOPMENTAL SERVICES RESOURCE CENTRE WATERLOO REGION

#FamilyCompassWR
Melanie Garbarz  
Service Planning Associate, Region of Waterloo  
On behalf of: isearchmycommunity Advisory Group  

SEARCH FOR SERVICES  
Search for local health, social and recreational services for children and youth in Waterloo Region.
Laura Thies
Director, Developmental Services Resource Centre
On behalf of: Special Needs Strategy Planning Table and Moving on Mental Health

I HAVE A CONCERN
A tool to help you find a local organization that can help address developmental concerns in a child or youth.
Diane McGregor
Manager,
Parenting Now Project

On behalf of: Parenting Now

RESOURCES FOR PARENTS

Link to Parenting Now – a website that offers resources for parents to learn, find support and connect with other parents.
Sue Simpson
Executive Director,
Waterloo Region
Family Network
On behalf of:
Waterloo Region families
Thank You All!

Save the Date!
Monday, April 23